

Welcome to our Summer Term Careers Newsletter.

As we approach the end of another busy academic year, I am delighted to share the latest edition of our newsletter, packed with opportunities, information and inspiration to support young people as they plan their next steps.

This issue contains a wealth of apprenticeship opportunities, alongside guidance on post-16 and post-18 pathways to help students make informed decisions about their future.

We also shine a spotlight on careers in law, explore the importance of work experience and share practical advice on finding valuable opportunities to build skills and confidence.

Whether you are a student, parent, carer or education professional, I hope you find something useful within these pages. As always, our aim is to help young people understand the opportunities available to them and feel empowered to take positive steps towards their future careers.

Warm wishes,
Natalie Papworth
 Founding Director, Innervate Careers

Key Features:

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Up to date Careers News, Information & Opportunities



Schools



Teachers



Young people



Career advisers



Parents/Carers



Events & Opportunities



Parents/Carers



Young people



Teachers

CHILDREN'S BUSINESS FAIR

The Children's Business Fair is a one-day marketplace that gives young entrepreneurs (7-17) the opportunity to launch

businesses, sell in an authentic environment and earn their own money.

Guildford Careers Fair



Venue: G Live Guildford Arts Centre, London Road, Guildford GU1 2AA

Date: Friday 30th October 10.00-14.00

Exhibitors typically hail from a diverse array of sectors, including finance, education, sales and marketing, motoring, human resources, IT, healthcare, tourism, commercial real estate, biochemistry, electronics, manufacturing, hospitality, social work, events management, retail, banking, and pharmaceuticals.

[Discover More Here](#)

Be the next, great entrepreneur

APPLY NOW

Bringing authentic, hands-on learning and real-world experiences to allow young people to acquire key skills vital for life in both school and beyond.

Upcoming events are:

Hammersmith and Fulham: **27th June**

Reading: **4th July**

Farnham: **4th July**

Guildford: **18th July**

Camberley: **18th July**

Egham: **25th July**

Find out more here: [Children's Business Fair UK | Events for young entrepreneurs](#)



in partnership with **BT Group**

The Festival of Apprenticeships is a one-stop shop for anyone looking to find out more about apprenticeships, from discovering local opportunities through to guidance on how to apply for and make the most of an apprenticeship.



Location: Kia Oval in London.

Date: 14th October 10.00-15.00

[Click Here to Book Your Free Ticket](#)

Reading Careers Fair

Penta Hotel | October 2, 2026 | 10am - 2pm

The Reading Careers Fair will offer candidates from all backgrounds, experience and education levels the opportunity to speak to representatives from an abundance of local employers, all in one place.

Location: Pentahotel, Oxford Road, Reading RG1 7RH

[Find out more](#)

Tottenham Hotspur Stadium | November 6, 2026 | 10am - 2pm

Meet local and national employers face-to-face, and apply directly for hundreds of vacancies at the London Careers Fair. Friday 6th November 10.00-14.00

[Book Your Ticket Here](#)

The UK Careers Fair





University of Surrey Clearing Open Afternoon (Year 13)

Date: Weds 22nd July

Time: 2-7pm

Venue: University of Surrey, Guildford

The University of Surrey will have limited places available for some subjects on results day. You can get a feel for the university by visiting campus to experience it. They will have access to a range of activities and the opportunity to:

- Speak directly to current students and academics.
- Visit an information fair and chat with student services for advice on Student Finance, applying through Clearing, and how we can support you at university.
- Hear from our commuter network.
- Take a guided campus tour, led by one of our current students.
- Find out about student life at Surrey and see examples of accommodation.
- Discover opportunities for studying abroad, placement years and research opportunities.

[Follow this link to find out more and to book](#)



British Army Supporting Education are holding a series of virtual “Meet Your Army” event, designed to give students, teachers and parents a clear insight into Army careers.

Joining the Army series: Officer

Date: Tuesday 23rd June

Time: 6-7pm [Register Now](#)

Joining the Army Series: Soldier

Date: Wednesday 1 July

Time: 6-7pm [Register Now](#)

Virtual Harrogate Open Day

Date: Wednesday 8 July

Time: 6-7pm [Register Now](#)

Additionally, The Royal Military Academy Sandhurst are offering an in-person Army Officer Insight Day, to give candidates the opportunity to find out more about officer training and life at Sandhurst.

Date: Saturday 11th July

Time: 9am-4pm

Venue: The Royal Military Academy Sandhurst

[Book Free Tickets Here](#)



London Heathrow- How to become an Airline Pilot Seminar

Date: Saturday 4th July

Time: 11am

Venue: Hilton London Heathrow Airport – Terminal 5, Poyle Road, Colnbrook, Berkshire, SL3 0FF

Join 2FLY Pro Pilot for a live seminar explaining how to start a career as a professional airline pilot. Led by experienced pilots, this seminar will guide anyone interested through the entire process – from starting training to securing your first airline job.

Topics Covered:

- Entry requirements and qualifications
- How airline Skills Assessments work
- Funding pilot training
- Course structure and training costs
- Is now a good time to start training?
- Job prospects after training

[BOOK FREE SEMINAR TICKETS HERE](#)

Many FE colleges will have open events this term. Check your local provider to see if any are on offer near you. Opportunities include:

South Thames Colleges Summer Term Open Events for September 2026 Entry

South Thames College



Date: Wednesday 17th June,

Time: 4.30pm-6.30pm

Follow this link to register: [Register here](#)

Kingston College

Date: Friday 19th June

Time: 11am-1pm

Follow this link to register: [Register here](#)

Carshalton College

Date: Wednesday 24th June

Time: 5pm-7pm

Follow this link to register: [Register here](#)

Merton College

Date: Thursday 25th June

Time: 5pm-7pm

Follow this link to register: [Register here](#)



Parents/Carers



Young people



Teachers



Visit www.activatelearning.ac.uk for information on their upcoming open events for Year 10 and 11 students:

Guildford College:

Date: Saturday 10th October

Time: 9.30am - 12pm

Date: Wednesday 18th November

Time: 4.30 - 7pm

Merrist Wood College:

Wednesday 7th October

Time: 4.30 - 7pm

Date: Saturday 14 November

Time: 9.30am - 12pm

Farnham College:

Date: Wednesday 14th October

Time: 4.30 - 7pm

Date: Saturday 21st November

Time: 9.30am - 12pm

Many universities offer summer programmes, some of which students have to meet certain criteria for. Check your local providers to find out about opportunities in your area. See below for an example of programmes on offer this summer:



UNIVERSITY OF
SURREY

Year 12 Non-Residential Summer Schools

University of Surrey's 2026 Non-Residential Summer Schools are two-day subject tasters, taking place from Monday 20 to Wednesday 22 July. These are free events available for students interested in Chemistry, Computer Science and Health Sciences; some students may be eligible for a travel bursary.

They have capacity for 90 places shared across the following subject strands:

- Chemistry (30 places)
- Computer Science (30 places - Female and Non-Binary participants only)
- Health Sciences (30 places)

The timetable for each subject strand will consist of:

- Sample lectures
- Practical workshops
- Information, advice and guidance sessions
- Meet and greet opportunities with academic staff and students

[Follow this link for further information](#)



nDreams Virtual Work Experience Programme

Discover the potential career paths within games design in this virtual work experience from Farnborough-based VR games specialist nDreams. This is an on-demand introduction to game development with pathways in Art, Programming and Design. Explore the different disciplines, from character art and level design to the coding that brings a game to life!

Complete interactive challenges, gain expert insights and earn a certificate of completion.

Follow this link to find out more and sign up: [U](#)

[Explore: nDreams](#)



Get an insight into careers within the BBC and complete a virtual work experience programme:

[Springpod: BBC Work Experience](#)



Events & opportunities



Parents/Carers



Young people



Teachers

EDIS MEDIA

Edis Media are an award-winning production company based in Hampshire, who describe themselves as “creatives with a conscience.” The founders, Jess and Mike, believe in the power of storytelling to inspire action and create change. They run 1-day bootcamp training opportunities once per quarter as well as 1-to-1 mentoring programmes, consisting of one session per month for three months. To find out more and to register an interest [complete the contact form here](#)



Stardance is a free, online summer programme for teens age 13-19. Build any technical website you want (websites, games, apps, hardware) log your hours and earn prizes. It runs June 1st to September 30th. No experience is needed; guides and a community of 100,000 teens are there to help you get started. The project is run by Hack Club, a nonprofit organisation and it runs across 129 countries. Find out more here: [Find Out More Here](#)



The Sutton Trust are a social mobility organisation which run a range of free, in person and online activities for young people. These include work experience, employability skills sessions and university taster sessions. Young people have to fit at least one of their eligibility criteria. [Find Out More And Register An Interest Here](#)



Summerversity gives young people who live in or go to school or college in Islington the opportunity to learn new skills, develop interests and talents and make new contacts, alongside having fun. They are offering courses in art, dance and theatre, music and recording, sport and fitness, media and content, work skills, swimming and aquatics, cooking and baking, with a free meal included. Most bookings open on Monday 22nd June. [Find Out More Here](#)



Pathway CTM help students into apprenticeships through careers events, 1-to-1 mentoring, and quality resources. They can work with students from Years 9 to 13 and beyond and students can continue to receive support after leaving school. Upcoming online events include:



[Find Out More Here](#)

The National Saturday Club runs free clubs for 13-16 year olds on Saturday mornings at local colleges, universities and museums. Opportunities include Film and Screen, Fashion, Business, Art and Design, and Science and Engineering. Locations include Kingston, Central London, Bracknell, Reading, Slough and Croydon.

Looking Ahead to Year 13: Understanding Apprenticeships
Mon 29th June
18:00-19:00



[Click Here To Find Out More About All Upcoming Events](#)



School/College Resources/Events for Careers & Employability



T Levels: What Are They and Who Are They For? Webinar

ASCL are running a free T Levels webinar on behalf of the Education and Training Foundation (ETF). This free-of-charge session is aimed at senior leaders and all staff who need to understand the changing nature of vocational education in the sixth form phase, due to the implementation of T Levels and the defunding of BTECs and other vocational qualifications. It will be highly relevant for those involved in careers education information advice and guidance (CEIAG) activities in key stages 3 and 4, as well as for staff involved in post-16 curriculum planning and strategy. This webinar will enable delegates to understand how vocational policy has evolved and how it is likely to evolve in the immediate future. In this fast-changing vocational landscape, the webinar will include the latest government updates on T Levels implementation and planning and how T Levels link with new AAQs and V Levels. The session can be accessed on 16th, 18th, 24th and 25th June.

[Find Out More and Book Here](#)

tech she can;
The tech careers education & social mobility charity

AI Appreciation Day

Date: Thursday 16 July

Time: 2:30pm : AI in Everyday Life Assembly

Time: 3.30-5PM AI for All Virtual Teacher CPD

Follow this link for a full diary of live lessons and assemblies: [here](#)



Winvic Teacher Encounter Seminar

Date: Weds 24th June

Time: 12pm - 1:30pm

Winvic are supporting National Highways and their supply chain partners with a free Teacher Encounters Webinar, focused on how the STEM subjects of Engineering and Maths are used within the construction industry. The session will provide educators with information, guidance and practical advice on how construction careers can be explored through STEM subjects.

[For More Information And To Register](#)



SURREY FIRE & RESCUE SERVICE

Surrey Fire and Rescue Service Education Programme, school visits

Surrey Fire & Rescue Service's Education Programme provides an innovative, engaging and age-appropriate safety education programme to equip young people with the knowledge and skills that they need to keep themselves safe, both now and in the future. Their Education Officers deliver fire and water safety sessions in schools across Surrey to Year 7. To make a booking please complete this booking form: [Year 7 safety enquiry form](#). For Special School bookings, email the Education Officers at firesafetymeducation@surreycc.gov.uk to discuss a bespoke session.



Industry Champions

Careers & Enterprise now have over 100 Industry Champions: volunteers ready, willing and able to come into schools and colleges to help with careers events.

You can request support from them by completing the form below. You can ask for help for any sort of careers activity, including careers fairs, mock interviews, work experience, visits to workplaces, talks and dragon's den type events.

<https://forms.office.com/e/REtXTgVugB>



Careers Leaders- RAF Careers and Lifestyle Insight Day For Careers Leaders

Date: Thursday 25th June and Tuesday 1st September

Time: 10am-3pm

Venue: RAF Odiham, Hampshire

The day will involve a careers and lifestyle talk, followed by a visit to a Chinook at one of the Squadrons. Lunch will be provided free of charge. There will be an opportunity to meet members of the RAF and to ask questions about their jobs and lifestyle. There will also be a tour of the base; looking at the sport and social facilities as well as the accommodation. Email Lynsey Curtis on Lynsey.curtis792@mod.gov.uk if you would like to attend.



NATIONAL APPRENTICESHIP WEEK 2026

Amazing Apprenticeships NAW Planning Webinar

Date: Thursday 25th June

Time: 3.30-4.15pm

Venue: Online

Join Amazing Apprenticeships for this webinar to find out how to get involved and begin preparing for National Apprenticeship Week 2027.

The annual week-long celebration of apprenticeships, taking place across England, will aim to showcase and celebrate apprentices, employers, training providers and those across the country who have benefitted from the incredible opportunities through apprenticeships.

Follow this link to book: [Schools & Colleges: NAW2027 Planning Webinar - Amazing Apprenticeships](#)

Amazing Apprenticeships- Sharing T Levels and Other ATE Options With Students

Date: Monday 6th July

Time: 3.30-4.30pm

Venue: Online

This free webinar will equip careers leaders, teachers and advisers with practical strategies for explaining T Levels, apprenticeships and the wider technical education landscape in a way that is accurate, engaging and student-friendly. Amazing Apprenticeships will break down the key features of each pathway and explore free resources and support available to help with presenting these options so that young people can make informed decisions about their futures. This webinar is for anyone supporting secondary age students in key stages 3,4 and 5 to understand their next steps and explore the different technical routes available now, and in the coming years.

Follow this link to register: [Sharing T Levels and other ATE options with your students - Amazing Apprenticeships](#)



Simply enter your school or college name and the age group of students you are looking for an experience for, and you will discover a range of opportunities including taster sessions, webinars and workshops, to inspire students interested in exploring HE.

[University open days and events for students, school groups and parents | UniTasterDays](#)

Sport Systems Education Workshops

Sport Systems Education's applied learning programme, for Years 10-13, is designed to help students better understand how professional sport organisations operate from a business perspective. They use workshops based on real industry scenarios to develop employability skills such as financial decision making, strategic thinking and stakeholder management. They offer flexible workshop formats, with zero teacher prep time and all materials provided

- Half-Day In-School
- Full-Day In-School
- Multi-Session Series, 4 workshops
- Teacher CPD Half-day



For more information, contact

cameron.todd@sportssystemseducation.com



Inspiring The Future enable schools to connect directly with volunteers from the world of work – real people in real jobs. Their network of over 85,000 volunteers includes scientists to stylists, plumbers to pilots, civil servants to self-starters. They come from every walk of life, job and sector – from apprentices to CEOs, from app designers and broadband technicians to zoologists, milliners and aircraft engineers. They go into schools – in person and virtually – to share their story: what they do, how they got there, and what working life is really like. Short, personal stories to engage and inspire young people. Follow this link to find out more about this free service: [About - Inspiring The Future](#)



School/College Resources/Events for Careers & Employability



Surrey Choices – Supported Internships for those without an EHCP

Surrey Choices' Supported Internship Pilot Programme, for young people **without** an EHCP, will launch in September, offering an opportunity to build skills, confidence and independence in a supportive and inclusive environment. The programme is open to anyone who would benefit from hands-on experience, workplace preparation and guidance to help them move towards paid employment. Participants will have the chance to develop practical skills, improve communication and teamwork, gain real-world experience and continue developing their maths and English skills. They are looking for young people who would like to get into the world of work and are able to travel independently. Email Jeanne.allen@surreychoices.com for further details.



Book a talk for your sixth form

My First Great Job are available to give talks in sixth form colleges. Their talks are designed to energise students and get them thinking about their next steps. They have a few dates available in June and July. Bookings are now open for the Autumn Term. [Find Out More And Book Here](#)



Project ROUTE, Launch

Date: Wednesday 24th June

Time: 4pm

Venue: Online

Project Route is a new national initiative endorsed by the Department of Transport to connect students across secondary, further and higher education with data driven skills and careers. The project aims to address the growing digital skills gap and build clear pathways into future-focused careers. The programme aims to engage 10,000 students through free interactive career challenges, work experience opportunities, and industry-led engagement activities.

Join the launch event to hear from inspiring keynote speakers:

- Sam Rose OBE - Director of Data and Advanced Analytics, Department of Transport
 - Helen Stone - Principal Data Scientist, National Highways Digital Lab
- This session will provide insight into
- Free virtual work experience events throughout 2026/27 academic year
 - Free Key Stage 3 and Key Stage 4 classroom resources
 - Free onsite Data Days
 - Visibility to in person work experience, internships and apprenticeships.

Follow this link to find out more and to register: [Project Route Launch Career Leaders / Educators](#)



Tomorrow's Engineers Week 2026

Tomorrow's Engineers Week will take place from Monday 9th November to Friday 13th November. This annual event in school calendars gives students an opportunity to spark ideas and discover where a career in STEM could take them.

This year's theme, Shape our future, will show young people how engineering and technology tackle the real-world issues they care about. From the environment and sustainability to digital technologies and health, the Week will explore the challenges engineers and technicians need to solve in the future and how students can actively shape future solutions through a STEM career. A series of interactive activities will be available for students aged 11 to 14 to directly engage with these challenges. They will also hear how the professionals tackle these topics. Register to be the first to receive free resources and activities when they're released in the autumn.

[Register here to receive free resources and activities when they're released in the autumn](#)



The Big Future Stakeholder Toolkit

The Children's Commissioner, Dame Rachel de Souza, has a statutory and independent role to promote and protect the rights of children, and to make sure that their voices are heard by those who make decisions about their lives. To help her do this, she has launched her biggest survey yet. The Big Future is open to all children in England and asks about childhood today. About the things that worry them, the things they love, the ways they have fun, and the changes they want for a better future. The Big Future will offer a new and comprehensive look at what children have to say about childhood today, and what they think needs to change for a better future. This toolkit contains everything you will need to complete the survey with children.

[Follow this link to download the kit and access the survey](#)



I'm A....Programme

The *I'm a...* programme provides students the opportunity for meaningful careers encounters. Through five 30-minute, text-based live chats, they interact with up to 30 working professionals in science, engineering, maths, computer science and geography. Conversations are two-way and authentic. They cover careers, further study and real working life. The programme can be run by cover teachers, and is free to state-maintained schools and academies.

[Find out more here](#)



British Army and Amazing Apprenticeships Webinar

Date: Thursday 18 June 2026

Time: 3.30-4pm

Venue: Online

This session will explore key findings from national research into how parents, carers, and educators view British Army apprenticeships. There will be practical ideas and ready-to-use resources to support careers planning for 2026/27, helping to build awareness and address common misconceptions.

[Register for the webinar](#)



NEW V LEVELS AND POST-16 QUALIFICATIONS EXPLAINED

Future Level 3 Qualifications:

- A Levels
- V Levels
- T Levels

The first students will take V Levels from September 2027 (current Year 10 cohort!)

V Levels are vocational, Level 3 qualifications which can be mixed and matched with A Levels, enabling a mix of academic and vocational study.

T Levels will be expanded in the areas of sports, fitness and exercise science, and care services.

T Level providers will have more flexibility to tailor industry placements to suit their learners' needs.

There will be a phased approach, with V Levels introduced to fill gaps where Level 3 BTECs are phased out.

New Level 2 Pathways:

- Further Study Pathway
- Occupational Pathway

Further Study Pathway:

New qualifications will be introduced for school leavers who want to go onto level 3 but aren't ready to progress, due to their GCSE grades. These will provide a year of study before progressing onto a Level 3 course.

Initial subjects offered will be in education and early years, and digital (replacing the current Level 2 BTECs.)

This pathway will be supported by a new Foundation Certificate qualification.

Occupational Study Pathway:

A separate two-year vocational route will be available for those aiming to move onto employment or an apprenticeship, with initial courses starting in catering and hospitality, and education and early years.

This pathway is designed to provide extra support for learners, whilst providing them with the skills to enter the workplace.

It will be supported by a new Occupational Certificate qualification.

Key Facts About T Levels:

Duration: Two years (full-time study)

Designed For: Students who want a more hands-on and career-focused route into work, further training, or university.

Entry requirements: In line with other level 3 qualifications, most providers require students to have at least 4 or 5 GCSEs

Equivalent To: 3 A levels

Structure: T Levels consist of:

- Core component – theoretical knowledge and practical skills related to the chosen subject.
- Occupational specialism – technical training and industry-specific skills.
- Industry placement – at least 45 days (around 315 hours) of real work experience with an employer.

Assessment: Through exams and industry placement.

Grading & Certification: The overall grade is worked out from grades achieved on the core component and the occupational specialism.

Students who do not pass all elements of their T Level receive a statement of achievement which shows the elements they have completed.

T-level	A-Level	UCAS Points
Pass	CCC	96
Merit	BBB	120
Distinction	AAA	144
Distinction*	A*A*A*	168

Providers are responsible for finding industry placements, although the student can choose to source their own.

Up to 20% of the placement can now be virtual (and up to 50% in Digital T Levels). The exception to these flexibilities includes placements to Education and Early Years and Dental Nursing specialisms, which have specific requirements linked to license to practice.

Progression: Progression options from a T Level include:

- skilled employment
- apprenticeships,
- further education study
- higher education

Universities That Accept T Levels

Many universities, including a number of the Russell Group, accept T Levels for entry into specific courses. The Department for Education maintains a list of higher education providers that accept T Levels for at least one course: [List of higher education providers that accept T Levels for entry - GOV.UK](#)

Acceptance often depends on the specific T Level subject and the course applied for.

Universities That Do Not Currently Accept T Levels

Some institutions have stated that they do not currently accept them for admission:

- **University of Oxford**
- **University of Cambridge**
- **Imperial College London**

It's important to note that university admissions policies can change, so it's advisable to check directly with each institution for the most current information.

Tips for Prospective Students

- **Research Specific Courses:** Even within universities that accept T Levels, not all courses may consider them. Check the course-specific entry requirements.
- **Contact Admissions Offices:** If information isn't clear online, reach out directly to university admissions for clarification.
- **Consider Supplementary Qualifications:** Some universities may require additional qualifications alongside T Levels, such as a particular grade at GCSE maths or English.
- **If T Levels are accepted, are they regarded as equal to A Levels?** Some admissions departments will state which qualifications the majority of successful applicants have held in previous years.
- **Some courses will require specific T Levels or T Level courses which contain a specific component,** for example, some physiotherapy courses may accept a T Level in Sport only if it contains sufficient science modules.
- **Stay Updated:** University policies can evolve, so check for the latest admission criteria.



What are your options after year 11?

- Continue in education at a school sixth form or sixth form college
- Continue in education at an FE (Further Education) college
- An apprenticeship in the workplace

Continuing in education

Sixth forms focus mostly on A Levels whereas FE colleges offer more vocational (practical) courses. However, most providers offer a range of qualification types.

Questions to consider when choosing where to study...

Does the provider offer the subject/s you are interested in?

Do you like the content/teaching styles offered here compared to the course content elsewhere?

Do you like familiarity and a smaller environment or would you like a change to a larger one, to meet more people?

Do you work better in a more structured environment or with more independence?

Is travel distance to school/college an important factor for you?

Are past academic results important to you?

How about facilities/clubs offered?

A-Levels

- **Best for:** Those who enjoy class-based learning and want to keep future university and career options broad.
- **Requirements:** Usually at least 5 grade 5s at GCSE. Requirements vary at each individual school/college and some subjects, such as maths, will require higher grades.
- **Structure:** Usually 3–4 subjects over 2 years.
- **Tip:** Some university courses/careers will require a specific combination of A Level subjects to have been studied. You can check requirements at www.ucas.com [Informed Choices](#) and [The Uni Guide](#)

T-Levels

- **Best for:** Students interested in a mix of classroom and industry experience and who are happy to focus on one career area.
- **Requirements:** Usually at least 5 grade 4s at GCSE.
- **Structure:** 80% classroom, 20% industry placement.
- **Tip:** Offered in sectors like digital, healthcare, construction.

BTECs & Other Vocational Qualifications

- **Best for:** Practical learners and those happy to focus on a single area of study.
- **Structure:** Coursework-based, ongoing assessments.
- **Tip:** Offered at Foundation Level as well as Levels 1, 2 and 3. Entry requirements vary, from no formal qualifications to 5 GCSEs at grade 5.

When choosing which course/s to study:

- All the above routes can lead to university or employment.
- If you have a future career/university course in mind, check if the course is accepted as a route into this.
- Choose a subject/s that you will enjoy and do well at, to maximise your chances of success.

Apprenticeships

- **Best for:** Those wanting to earn while they learn and who are ready for the work environment (working with a mix of age ranges, working longer hours than at college/sixth form and having less holidays.)
- **Requirements:** These vary as apprenticeships are offered at different levels. Advanced Apprenticeships often require GCSEs at grade 4/5. Intermediate Apprenticeships may ask for Maths and/or English at 4 or above.
- **Tip:** Some employers may list certain qualifications as 'desirable' which means that you can still apply even if you don't achieve meet all the requirements.
- You can find opportunities at [UK Gov Apprenticeships](#)

When choosing which route to take, ask yourself:

- What are my strengths and interests?
- Do I learn best academically or practically?
- Do I prefer exams or coursework?
- What kind of job do I want in the future?
- Which courses/apprenticeships match my grades?

Keep your options open

- You can apply to as many colleges, sixth forms and apprenticeships as you want to.
- Many colleges are still accepting applications.
- Even if an application deadline has passed, you may still be able to get on to a waiting list.
- You can be searching and applying for apprenticeships all year round.
- Even if apprenticeships are your first choice, apply to college/sixth form as a back up plan, for if you change your mind or if a suitable vacancy does not arise.
- Sixth form/college is not like school – if you find that the course is not for you, you can ask to swop courses or colleges before the October half-term (availability permitting,) or you can leave at any point if you find an apprenticeship.

If things go wrong, don't panic!

If your plans change on results day or if you don't get the results you need for your planned next step, first contact your chosen provider to check if there is any flexibility. If not, contact local colleges for other options, bringing ID and proof of your grades with you.

Which

Way

Now?

What are your options after Year 13?



Young people



Parents/Carers



Post 18 options

Explore your different education, training and career options.

Higher Education

University or specialist college: for a Degree, Higher National Diploma, Higher National Certificate or Foundation Degree.

Search and apply for courses and access information on all aspects of university at www.ucas.com

[Find out more about student finance here](#)

[Discover information about student scholarships here](#)

An Apprenticeship

Gain a nationally recognised qualification with a company while earning a wage.

Apprenticeships are offered at Degree, Higher, Advanced and Intermediate levels, as well as at Postgraduate (the level after a university degree.)

With Degree Apprenticeships, you study part-time for a university degree whilst working (your university tuition fees are paid in full by the company.)

Opportunities now exist in a wide range of sectors, including accountancy, engineering, IT, law, leisure and retail.

A factor to consider is that as the company funds your qualification, you may have to repay part or all of the costs if you leave before completing it. Some companies may also require you to continue working for them for a set period of time after qualifying. It is therefore important to check your contract carefully before signing and to be as sure as you can be that the position is a good fit for you.

The peak time for applications for degree/higher apprenticeship schemes is September/October of Year 13.

You can find opportunities at [Amazing Apprenticeships](#) [Notgoingtouni](#) [UCAS Apprenticeships](#) [UK Gov Apprenticeships](#)

Employment

Begin a career in your chosen field with the option of working your way up and/or completing further training at a later date.

Part-time or temporary work in an area unrelated to your career aim can be a way to build up general skills for the workplace, make connections and fill your CV whilst still applying for the work you are most interested in.

For help with creating a CV: [Indeed CV guide](#) [Barclayslifeskills](#)

Internships/Work Experience Placements/Voluntary Positions

These can all provide ways to gain relevant experience, particularly in competitive sectors. Internships can be paid or unpaid, with some unpaid positions covering travel and lunch expenses. EDT offer paid 12-month placements in STEM industries, which can be a stepping stone to employment, an apprenticeship or university:

[Programmes - Platinum Placements](#)

Online courses/Adult learner courses

Free Courses in England is a site advertising fully government funded courses. Courses are studied part-time and entirely online, taking 6-12 weeks to complete, studying 5-10 hours per week. Courses offered cover topics as diverse as early years, business, management, mental health and cyber security: [Free Courses In England](#)

Skills Bootcamps are also funded by the government. They are free, flexible courses for those age 19 or over. Courses last up to 16 weeks and are offered in areas including digital, construction, health and social care and business: [Skills For Careers: Bootcamps](#)

Gap Year

If you plan to take a gap year, some universities will allow you to defer your place until the following intake. Alternatively, you can apply for a university place or apprenticeship the following year.

Many young people who take a gap year use the time to travel, volunteer abroad, or to work to earn money for university. However ever you spend your time, be sure to keep a record of your experiences and skills gained to use in future applications.

Find out more: www.gap360.com [UCAS Gap Years](#) www.responsibletravel.com [Plan My Gap Year](#)

Start a business

Launch a product, service, or app, especially if you already have a market or idea.

Build a brand or income stream via YouTube, TikTok, Etsy, LinkedIn etc.

Think about skills you could utilise, such as writing, design, or coding.

Get support with self-employment at [The King's Trust](#)

Is an apprenticeship right for me?

The answer may be yes....

- ▶ if you enjoy practical learning
- ▶ If you feel ready for longer working hours, less holidays, working with a range of age groups, potential interactions with customers/clients
- ▶ if you want to learn but be in the workplace
- ▶ if you are interested in the types of apprenticeships available
- ▶ if the career you have identified has an apprenticeship route

Searching for Apprenticeships

You can register on the websites below and set up alerts for new opportunities to be emailed directly to you:

<https://www.gov.uk/apply-apprenticeship>

<https://www.notgoingtouni.co.uk/>

<https://www.ucas.com/explore/search/apprenticeships?query=>

<https://www.indeed.co.uk/Apprenticeships-jobs>

<https://www.getmyfirstjob.co.uk/>

[Higher In Apprenticeships](#)

<https://www.e4s.co.uk/>

<https://targetapprenticeships.co.uk>

<https://amazingapprenticeships.com/>



Amazing Apprenticeships produce a bulletin of Higher and Degree Apprenticeships for Year 13 leavers twice a year, in October and January. This April, they also produced a mini summer bulletin. The deadlines for most of these vacancies have now passed, but some are still live. You can find out more here: [Higher & Degree Apprenticeships | Amazing Apprenticeships](#)



Applying for apprenticeships

Applying for apprenticeships is similar to applying for jobs; it is likely that you will have to apply to several before being successful.

Keep a record of the opportunities you have applied for, as you will want to refer back to the job description and person specification when preparing for interviews.

Remember to ask a family member or teacher to check applications before sending them.

[Pathway CTM](#) can help students with applying for apprenticeships.

Recruitment processes vary from one organisation to another. They may include telephone calls, virtual interviews, in-person interviews, selection days and presentations. For a large organisation, you might have two or three interviews. A smaller employer may just want to meet you once, to see if you fit into their organisation.

PREPARING FOR YOUR INTERVIEW

CHECK WHERE AND WHEN

Find out what time your interview is, then figure out the best way to get there in plenty of time. Check the address, directions and any useful advice on finding their premises.

PLAN WHAT YOU WILL WEAR

Different organisations have different dress codes. It may be appropriate to dress “smart” or “smart casual” depending on the industry sector. Try to find out some information about the company by looking on their website or social media accounts. Whatever you decide to wear, ensure that your clothes are comfortable, clean and ironed. Avoid jeans, hoodies, tracksuit bottoms, excessive jewellery and revealing clothing.

Smartworks is a charity that provides interview clothing and preparation help to any women who are unemployed. They have centres in Reading and several London locations: [Smartworks/What we do/Our Centres](#)

KNOW YOUR STUFF

Research the apprenticeship and the organisation that’s interviewing you. You might also want to keep up to date with the relevant news in the industry, just in case your interviewer asks your opinions on any relevant news stories.

PRACTICE

Try a mock interview with a teacher, adviser or family member. This can help you feel more confident and see what you need to practice. Common questions include asking why you have applied for the role, why you want to work for this particular company, your achievements/hobbies and experiences of solving problems or working as part of a team. Sources of help are:

[Higherin: Apprenticeship Interview Questions](#)

[Careerpivot: Apprenticeship Interview Tips](#)

[Indeed Apprentice Interview Questions](#)

Apprenticeship Vacancies Snapshot

Search the careers pages of any companies you are interested in working for; these could be large, national or international companies or small, local organisations. See below for some examples of companies with current vacancies:



Current positions:

- Apprentice Heating Installation Engineer
- Metering Apprentice
- Apprentice Gas Service and Repair Engineer
- Female Apprentice Engineer

[Apply For Vacancies Here](#)

[Discover more about their mission to increase the numbers of women in STEM careers here](#)



Current opportunities include a Relationship Management Apprentice vacancy based in Guildford, with a start date of October. [Discover More Here](#)



Finance and retail apprenticeships start in September, and Maintenance apprenticeships in August.

[Tesco: Early Careers: Apprenticeships](#)



Optical Assistant Apprentice positions currently available in several areas across London, Surrey and the South East. [Specsavers Jobs | Join Specsavers](#)



Heathrow Airport are currently advertising 8 apprenticeship roles, including in quantity surveying, engineering, construction and administration. Find out more and apply here: [8 Vacancies - Heathrow Employment & Skills Academy](#)



Gatwick Airport offer apprenticeships in electro/mechanical engineering. Their applications will reopen in February 2027: [Careers for Apprentices | London Gatwick Airport](#)



Toni & Guy are inviting apprenticeship applications. Once fully qualified, opportunities include travelling the globe as a session stylist, working on fashion shoots and fashion shows, collaborating with leading fashion talent. Find out more and register an interest: [Toniandguy/careers/apprenticeships](#)



Current opportunities with Amey include Lift Truck and Powered Access Engineering Technician Apprentices, based in Maidenhead and Portsmouth. Search and apply for vacancies here: [Careers/Amey/Apprenticeship Programmes](#)



Thames Water's apprenticeship vacancies include a Warehouse Operative Level 2 Apprentice based in Datchet. See all opportunities here: [Jobs/Thameswater](#)

Apprenticeship Vacancies Snapshot

A reliable source of apprenticeship vacancies is [Find an apprenticeship - GOV.UK](https://www.gov.uk). You can search by distance from your postcode or town and can narrow your search to a particular sector. There is also the option to filter your results by the level of apprenticeship. Perhaps seeing a selection below of the wide range of current vacancies will inspire you to take a look:

BERKSHIRE:

[Marshall Honda Autocare Technician Apprenticeship: Reading](#)

[Field Service Engineering \(FSE\) Apprentice: Reading](#)

[Level 2 Apprenticeship Childcare: Reading](#)

[Community Activator Coach Apprentice: Reading](#)

[Apprentice Dental Nurse: Reading](#)

[Chef Apprenticeship: Reading](#)

[Equine Groom Apprentice for International Showjump Yard: Reading](#)

[Business Administration Apprenticeship: positions in Woodley and Reading](#)

[Early Years Apprentice Practitioner: Spencer's Wood](#)

[Production Apprentice-Engineering Fitter: Finchampstead](#)

[Tax & Payroll Apprentice: Crowthorne](#)

[Hairdressing Apprentice: Ascot](#)

[Software Developer Apprentice: Bracknell](#)

[Early Years Apprenticeship: Bracknell](#)

[Installation and Maintenance Electrician: Maidenhead](#)

[Air Freight Import And Export Coordinator Apprentice: Colnbrook](#)

[Motorcycle Technician Apprentice: Datchet](#)

[Warehouse Operative Apprentice: Windsor](#)

HAMPSHIRE:

[Apprentice Carpenter & Joiner: Farnborough](#)

[Developer/Software Engineer Apprentice: Farnborough](#)

[BMW/MINI Motor Vehicle Technician Apprenticeship: Farnborough](#)

[Engineering Apprentice: Aldershot](#)

[CNC Machinist Technician Apprentice: Yateley](#)

[Apprentice Dental Nurse: Hampshire](#)

SURREY:

[Early Years Apprenticeship: Camberley](#)

[Equine Groom Apprentice: Guildford](#)

[Automotive Parts Adviser Apprentice: Farnham](#)

[Adult Care Apprentice: Guildford](#)

[Childcare Apprenticeship: Chobham](#)

[Apprentice Vehicle Technician: Godalming](#)

[Horticulture Apprenticeship: Godalming](#)

[Business Administration Apprentice: Guildford](#)

[Project Manager Apprentice: Guildford](#)

[Pharmacy Technician Apprenticeship: Woking](#)

Apprenticeship Vacancies Snapshot

SURREY: (continued)

[Recruitment Apprenticeship: Leatherhead](#)

[Property Management Apprentice:
Weybridge](#)

[Apprentice Surveyor: Caterham](#)

[Apprentice Dog Groomer: Horley](#)

[Plumbing And Domestic Heating Technician
Apprentice: Warlingham](#)

[Early Years Apprenticeship: Epsom](#)

[Panel Technician Apprentice: Weybridge](#)

[Apprentice Dental Nurse: Woking](#)

[Electrical Apprenticeship: West Byfleet](#)

[Hair Salon Apprentice: Tadworth](#)

[Digital Marketing Apprentice: Epsom](#)

[Apprentice Gardener: Dorking](#)

[Early Years Educator Apprenticeship: Lingfield](#)

[Social Media Intern Apprenticeship: Egham](#)

[Business Admin Apprentice: Shepperton](#)

[Service Technician Apprenticeship Porsche
Centre: Byfleet](#)

[Deployment Engineer Apprentice \(IT\):
Chertsey](#)

[Early Years Educator Apprentice: Ashford](#)

[Apprentice Installation Engineer-Fire:
Sunbury](#)

[Engineering Fitter Apprentice: Sunbury](#)

LONDON BOROUGHS:

[Engineer Apprentice-Ground Support
Equipment: Hounslow](#)

[Kitchen Team Leader Apprentice: Hounslow](#)

[Childcare Apprentice: Hampton](#)

[Apprentice Dental Nurse: Twickenham](#)

[Pharmacy Assistant Apprentice: Hounslow](#)

[Community Studio Apprentice: Hounslow](#)

[Apprentice Vehicle Technician-Renault:
Brentford](#)

[Adult Care Apprentice: Twickenham](#)

[Apprentice Property Secretary: Barnet](#)

[HOB Salons Hairdressing Apprenticeships:
Various London Locations](#)

[Finance Assistant Apprentice: Edgware Rd
NW9](#)

[HR Admin Apprenticeship: NW9](#)

[Commercial Plumbing And Heating Engineer
Apprentice: N11](#)

[Level 3 SEND Teaching Assistant
Apprenticeship: N20 Barnet](#)

[Front Of House/Receptionist-Business
Administrator Apprentice: West Ealing](#)

[Apprentice Dental Nurse: Brentford](#)

[Nursery Apprentice: Isleworth](#)

[Hairdressing Apprenticeship: Richmond](#)

[Property Administration Apprentice: Chiswick](#)

Apprenticeship Vacancies Snapshot

Amazing Apprenticeships produce Higher and Degree listings guides every October and January, for those for with A Levels or equivalent Level 3 qualifications. This April they published a mini summer bulletin. The majority of vacancies have now been filled (as peak time for degree and higher apprenticeship applications is September/October) but those still accepting applications are listed below. You can find out more and view new bulletins as they're released here: [Higher & Degree Apprenticeships | Amazing Apprenticeships](#)

As well as university courses, UCAS advertises thousands of apprenticeships, at a range of levels. When searching, there is the option to filter by location and occupational type. See below for a selection of current vacancies or follow this link to explore all those on offer: [UCAS/search/apprenticeships](https://ucas.com/search/apprenticeships)



Surrey Police are advertising [Police Constable Degree Apprentice Roles](#) and [Police Community Support Officer Roles](#) Follow the links to discover more and apply.



Sussex Police are also recruiting for [Police Constable Degree Apprenticeships](#) and [Police Community Support Officer Roles](#)



The British Army are recruiting for the following roles:

[Non Home Office Police Officer](#)
[Network Engineer](#)
[Intelligence Analyst](#)
[Data Analyst](#)
[Ammunition Technician](#)

[Cyber Operations Apprentice: Farnborough](#)

[Cyber Security Apprentice: London](#)

[Digital Design Apprentice: London](#)

[First Line Support IT Apprentice: Reading](#)

[AAT Assistant Accountant Apprentice: London](#)

[Academic Editorial Publishing Apprentice: London](#)

[Apprentice Dental Nurse: New Malden](#)

[Apprentice Healthcare Support Worker: London](#)

[Apprentice Learning Support Assistant: London](#)

[Apprentice Purchasing Administrator: Reading](#)

[Apprentice Vehicle Technician: Liphook](#)

[Business Administration Apprentice: Richmond](#)

[Chef Apprenticeship: Sunbury On Thames](#)

[Engineering Quality Technician Apprentice: Merton](#)

[Fire Emergency Security System Apprenticeship: Redhill](#)

[Halfords Autocare Technician Apprenticeship: Teddington](#)

Apprenticeship Vacancies Snapshot

Remember to check other sources of apprenticeship vacancies too, such as your local council, NHS websites and sites for the specific industry you are interested in. You can also try the organisations shown below:



Get My First Job offers apprenticeships at a range of levels, as well as other employment opportunities. Find out more here at [Getmyfirstjob](#) and see below for some current opportunities:

[Legal Secretary Apprentice: London](#)

[Facilities Assistant Apprentice: London](#)

[IT Support Apprentice-Sony: London](#)



HigherIn advertise apprenticeships, school leaver programmes, work experience and scholarships all in one place. [Discover More Here](#) some examples of current apprenticeship opportunities include:

[Machine Learning \(AI\) Engineering Apprenticeship-Network Rail: London](#)

[Power System Engineer Higher Apprenticeship: Wokingham](#)

[Tax Apprenticeship-KPMG: Reading](#)

[Accounting Technician Apprenticeship: London](#)



Not Going To Uni advertise apprenticeships at a range of levels and have an advice hub, which contains links to work experience placements and a separate section for parents to get advice. [Find out more here](#)



Totaljobs can be used to search for apprenticeships and trainee positions. You will need to sign up (which is free) to be able to see open positions and be matched to suitable jobs, with vacancies emailed to you: [Totaljobs](#)



Indeed is another jobsearch website which can be used to search for apprenticeships: [Indeed](#)



Although some of Gradcracker's STEM opportunities are for those who have been to university, they also advertise a range of degree apprenticeships. [Gradcracker - Careers for STEM Students](#)

And for tips with preparing for apprenticeship applications and interviews...



The Wow show recently attended the Apprenticeships and Training Conference(ATC) and spoke to employers about what they are really looking for and how young people can make themselves stand out.

[Follow this link to watch their two-minute film](#)



Careers in Law



Roles within law

Law is a career sector we are asked frequently about, with many young people expressing the desire to become a lawyer. In the USA, individuals practising law are known as lawyers or attorneys. Their practice incorporates legal tasks which, in the UK, are divided into the two separate roles of barrister and solicitor. Solicitors typically provide legal advice and manage cases whereas barristers focus on advocacy, representing clients in court. Discover more about the differences between the two roles here: [The-difference-between-a-barrister-and-solicitor](#)

In addition to these roles we often see represented on TV and in literature, there are a whole host of other careers within the legal sector. These include [Legal Executive](#) and [Paralegal](#). You can explore Careerpilot's 45 job profiles within law here: [Job Sector/Law](#) and Prospects' 12 profiles here: [Job Profiles: Law](#). Prospects' Law Sector section contains insightful articles about this competitive industry, covering types of law, skills needed, training schemes, pay and UK law firms: [Job Sectors/Law](#)

Routes into law careers

In recent years, new routes have opened up in to the legal sector, with additional new pathways on the horizon. On completion of A levels or equivalent qualifications, potential next steps are:

Barrister:

The traditional university route, studying for a law degree followed by the one-year Bar Course and then a 12-18 month pupillage (professional training.)

Or

Studying a subject other than law at university, followed by a postgraduate law conversion course, the Bar Course and then a pupillage.

Or

(Potentially) a Level 7 Barrister Apprenticeship. Approved by the government, discussions are underway with training providers. Stay up-to-date with developments here: [The Lawyer Portal](#)

Solicitor:

The traditional university route, studying for a law degree followed by the SQE (Solicitors Qualifying Exam) and a two-year training contract

Or

Studying a subject other than law at university, followed by a postgraduate law conversion course and then the SQE or straight onto the SQE. Two-year training contract with a firm once completed.

Or

The Level 7 Solicitor Apprenticeship. This 6-year route incorporates part-time study of a law degree and the SQE alongside employment experience with a firm.

Or

Completion of a two-year Level 3 Paralegal programme, and then conversion to a Level 7 apprenticeship later on if decide to pursue a career as a solicitor.

Or

Completion of a Level 5 or Level 6 CILEX apprenticeship to become a chartered legal executive, and then take SQE to convert to a solicitor later on.

Good to know:

- Solicitor apprenticeships are typically applied for in the Autumn term of Year 13, so keep an eye out for deadlines.
- Apprenticeships pros: being paid a wage, no university tuition fees, employment experience. Cons: more intense, balancing studies with work.
- Apprenticeships are more competitive than university places. Many students apply for both options during Year 13 to keep their options open.
- Some firms require the highest grades but there are some which ask for CCC or above at A Level.
- Both in-person and virtual work experiences and attending insight events are all valuable. Find out more here [Work Experience for Year 12 Students](#)
- Providers of free work experience in law: [The Forage](#) [PRIME Commitment](#) [City Century](#) [Young Professionals](#) [Springpod](#)
- Keeping up-to-date with developments in law, at [LittleLaw](#) and [BBC News/Business](#) and via social media, will demonstrate knowledge and interest.
- Part-time work, involvement in clubs and school events, responsibilities and hobbies all develop relevant skills such as organisation.
- Having a general idea of which areas of law you are interested in will enable you to target your applications to relevant firms and courses.



The Importance Of Work Experience

Alan Milburn's recent Youth Employment Review, commissioned by the government, stressed that work experience is vital for young people for building confidence and accessing employment. [Young People and Work Interim Report May 2026](#)

Unless you have connections, work experience in your field of interest can feel out of reach. However, there are some actions you can take to ensure that you are in a strong position when applying for future opportunities:

First, explore your networks. You may not have family members working in a relevant career but if you talk to as many people around you as possible about your interests, you may be surprised by the opportunities that open up. Perhaps a neighbour, extended family member, friend's parent, part-time employer, sports coach or teacher knows someone who can help. Also, don't discount people who are not working in an industry of your interest. Perhaps that family member or friend who works as administrator could put you in contact with a colleague in their firm's marketing or legal department, where your interests lie.

Second, approach companies directly. Large companies can often be contacted via their website, whereas you may be able to approach smaller, local businesses in person or by telephone.

Third, did you know that employers value virtual work experiences?

Futures For All have mostly virtual but also some in-person experiences. Schemes are for ages 14-16 and 16-19. Current opportunities include marketing, media, construction, lighting, gaming, architecture, beauty, IT and engineering. Discover all their opportunities here: [Futures For All](#)

FUTURES FOR ALL

Springpod specialise in virtual work placements, for those age 13 and upwards. Programmes generally take 10 hours to complete, over two weeks. You will earn a certificate of completion which you can show providers to demonstrate your commitment. Schemes are run with a diverse range of organisations including The Met Office, Amazon, AXA UK, the BBC, government organisations, the

Institute of Chemical Engineers, TUI and Barclays. Find out more here: [Springpod](#)



The Forage offer virtual simulations, which range from 15-20 minute introductions to career areas such as law, to 10-15 hour courses. Companies include BA, KPMG and PwC with career areas including engineering, healthcare, cyber security and accounting. Discover all their offerings here: [The Forage](#)



Uptree offer opportunities for students age 14-21. They advertise both in-person and virtual events, with organisations such as JPMorgan Chase, The Civil Service, Just Eat, Lloyds and Deloitte. Some experiences have eligibility criteria, such as the upcoming Solicitor Apprenticeship Work Experience Day at Trowers and Hamlins, for Year 13 students predicted ABB at A Level. Uptree also offer a small selection of online courses. Find out more about all their opportunities here: [Uptree](#)



Young Professionals offer a range of work experience opportunities (virtual and in-person) as well as industry insight events. They partner with law firms such as Slaughter and May, Linklaters and the City Century Group as well as Goldman Sachs (investment banking) and KPMG (audit, Tax and consulting.) you can sign up here for free to access opportunities: [Young Professionals](#)



Fourth, attending careers events and connecting with relevant industries and professionals on social media sites, such as LinkedIn, can build knowledge and contacts in your chosen industry.

And lastly, remember that employers value any experiences which can be used to demonstrate skills such as organising your time, communication skills, teamworking, resilience and problem-solving. These do not have to be directly linked to the area of work you are interested in. Experiences you could use to demonstrate these skills include any part-time work, volunteering, hobbies and interests, responsibilities such as babysitting or being a young carer, involvement in clubs, societies, and positions of responsibility within school and college.

All About Labour Market Information (LMI)



Parents/Carers

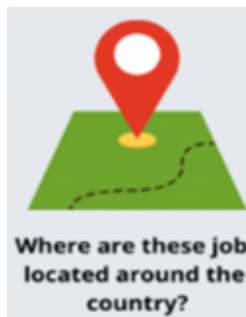
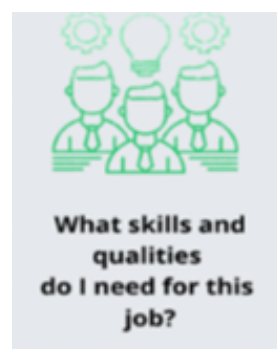
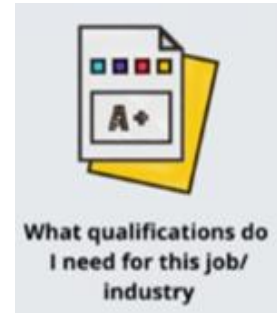
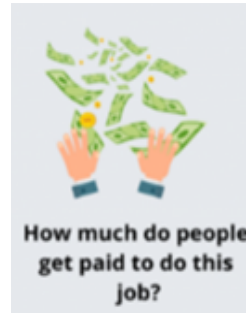


Young people



What is Labour Market Information?

Labour Market Information includes data on the following aspects of a job role/industry:



In addition to this, it covers information on available courses and training opportunities linked to the industry sector. This includes where you could study in your local area to gain the qualifications you need for a particular job and what opportunities there are for relevant work experience or internships.

Why is it important?

Such information may affect whether you choose to pursue a career in a particular industry. For example, is it important to you that you that there is the potential for your earnings to reach a certain figure? How would you feel about a job role that involved shift work? Would you want to enter an industry where job roles are predicted to decrease in the future? Would you be prepared to study at university if this was the only route to your chosen career? How would you feel about travelling out of your area to access a specific college course or type of job? Or about entering an industry that is highly competitive and requires extensive work experience?

All About Labour Market Information (LMI)



Parents/Carers



Young people



LMI For All

Office for National Statistics

Department for Education

HESA

Where can I find Labour Market Information?

LMI For All is an online data portal funded by the department of education. It brings together existing national sources of high-quality Labour Market Information that can inform people's choices about their careers. LMI For All includes data from the Office for National Statistics (ONS), the Department for Education and HESA (the Higher Education Statistics Agency.) This information is then extracted and converted into user-friendly information by organisations such as:

[Careers - BBC Bitesize](#)

Watch career videos and podcasts and take job matching quizzes.

<https://icould.com/>

A source of real-life careers videos, advice and guides.

<https://www.careerpilot.org.uk/>

Labour Market Information found at Careerpilot includes a headline at the top of each job profile, which provides data on the wages, hours worked and predicted future employment (whether jobs are predicted to increase or decrease in the future and by what percentage.)

[Prospects](#)

Prospects is a great source of detailed career information. It is marketed for university students and graduates but it can also be helpful for secondary school and sixth form/students. As well as the information contained in each of the [Job profiles](#) Prospect's [Job sectors](#) pages contain an overview of each sector, which includes a wealth of Labour Market Information. See here for an example:

[Overview of the UK's financial sector](#)

[National Careers Service](#)

Find information such as hours and salaries at the top of job profiles as well as links to live opportunities.

National Careers Service

BBC

BITESIZE

icould

Careerpilot

PROSPECTS





Parents/Carers



Teachers

UK Labour Market Update 2026 Snapshot



Young people



Schools



Job vacancies

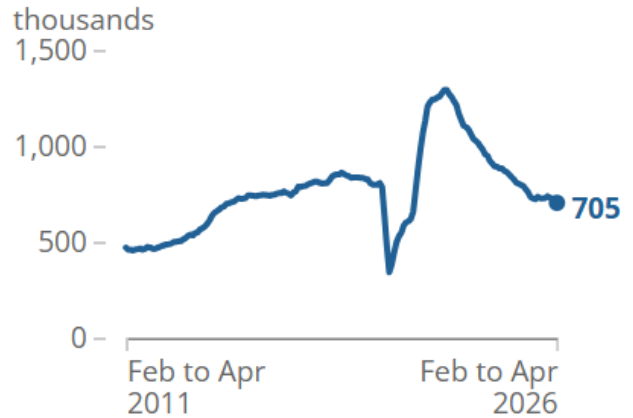
Number of job vacancies

Quarterly change: ▼-28,000

Annual change: ▼ -54,000

Vacancies have decreased in recent periods.

Source: Vacancy Survey from the Office for National Statistics

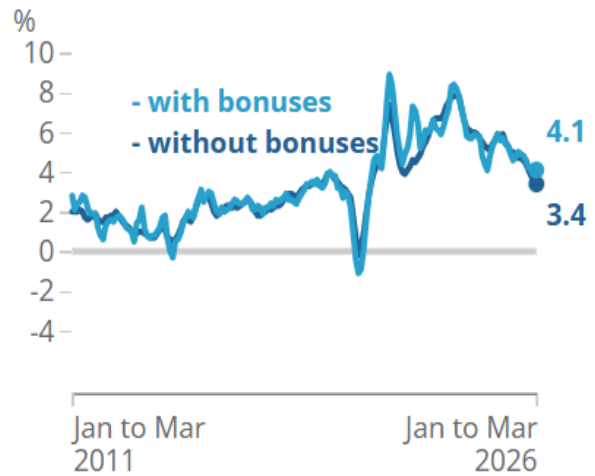


Nominal Earnings

Average Weekly Earnings annual growth rates – nominal pay

Nominal regular earnings continue the reduction seen in annual growth rates over the past year.

Source: Monthly Wages and Salaries Survey from the Office for National Statistics



Employment rate

Employment rate (all aged 16 to 64 years)

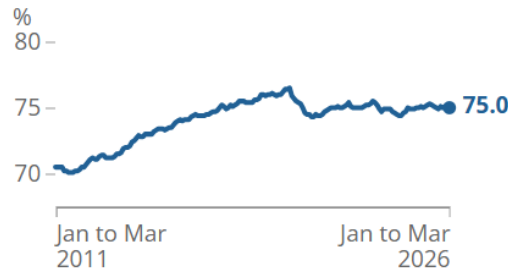
Quarterly change: ▲0.1pps

Since Dec-Feb 2020: ▼-1.5pps

The employment rate is up on the quarter but largely unchanged on the year, and is still below pre-coronavirus pandemic rates.

Note: Caution should be taken when drawing conclusions from short-term changes, given volatility of Labour Force Survey (LFS) estimates, and we advise users to focus on long-term movements in the data.

Source: Labour Force Survey from the Office for National Statistics





Schools



Teachers



Young people



Career advisers



Parents/Carers

Our Approach

Our approach is to provide multiple career guidance interactions offering schools a variety of methods to access personal guidance. By accessing our assemblies, presentations, workshops, and career lessons, young people are better prepared for their one-to-one personal guidance meeting with our qualified career advisers.

Our careers and personal guidance services can help schools and career advisers make the most effective and efficient use out of the resources, time and personnel available.

We have designed and developed our career lessons from the CDI Framework learning outcomes, with a range of career and personal development activities to encourage self-awareness, decision making skills, opportunities awareness and transition management skills.

The approach we provide enables this to happen at each key stage for each year cohort. It supports schools in addressing the needs of students with an effective way of planning caseloads and preparing students for personal guidance interviews.

Key stage 3:

- One to one personal guidance interviews and/or interactions for prioritised students choosing their GCSE Options
- Group career and personal guidance interactions prioritised students choosing their GCSE Options
- An annual career lesson for all students in year 7, 8 & 9 delivered by a qualified personal guidance adviser
- Guidance services at parents' evenings, options evenings, career events
- CEIAG activities including group work, assemblies, and career days e.g. workshops on Apprenticeships, Employability, University

Key stage 4:

- One to one personal guidance interviews and/or interactions for year 10 and 11 students
- Group career and personal guidance interactions for year 10 and 11 students
- Presentations/ group work for all key stage 4 students to build awareness and understanding of all post 16 options including education and technical training, with follow up interventions to monitor intended destinations and guidance needs
- Guidance services at parents' evenings, options evenings, career events
- CEIAG activities including group work, assemblies, career days e.g. workshops on Apprenticeships, Employability, University
- Labour Market Information and Career Pathways lessons and activities

Key stage 5:

- One to one personal guidance interviews and/or small group discussions for sixth form students
- Providing focus and clarity to any contemplating their current programme/ considering leaving 6th form
- Supporting students with generating initial ideas around their next steps, plan of action regarding university and/ or work in light of long-term career goals
- Dilemmas regarding university courses and subjects, university or work, long term career planning
- Support for those considering work or higher/ degree apprenticeship schemes, CV preparation, job/ opportunity searching, interview and assessment centre technique
- Any last-minute concerns, change of plan
- August Exam Results Period – Triage/ emergency one to one support
- Career Lessons/ Sessions as part of a Careers Programme:
- Employability Skills – the content of winning CVs, application forms and personal statements
- Interview & Assessment Centre Preparation – details and mock activities to provide insight and readiness
- Introduction to UCAS/ Personal Statement workshops/ UCAS application clinics
- Higher & Degree Apprenticeships
- Attendance at Year 12 & 13 Parents Evenings and Parent Information
- Apprenticeships, UCAS and the Importance of Work Experience
- Labour Market Information and Career Pathways lessons and activities

Targeted support for high needs students:

- Schools can choose specific targeted support for disadvantaged and/ or high needs and/ or those at risk of exclusion/ NEET
- Group career guidance interventions once a term for prioritised students from year 7 to year 10
- A developed range of extension activities around the key stage 3 and 4 programme and increased the frequency of interactions with a career adviser for these students from once a year, to once a term.
- Students are seen in small groups of up to five to provide a sense of focus and give each student more opportunity to participate, be heard and interact with the career adviser and each other.
- Each term we build on the work of previous sessions providing careers education activities with reflective guidance time that enables a deeper impact in terms of building aspiration and achievement over time.

Bespoke:

We can provide bespoke personal guidance activities to fit schools and cohort needs.