

Events, Opportunities & Apprenticeships Focus

Welcome to the Spring edition of our Innervate Careers newsletter.

This term we continue to highlight a wide range of opportunities designed to help students explore their future pathways with confidence.

In this issue you'll find the latest updates on apprenticeships, work experience opportunities and careers events taking place over the coming months, alongside useful resources to support decision-making about next steps after school or college.

We are also introducing a new Career Spotlight feature, beginning with careers in mental health. With increasing awareness of the importance of mental wellbeing, this is a growing field that offers a wide variety of rewarding roles across healthcare, education, charities and community services.

Finally, we explore the impact of artificial intelligence on the future job landscape. As technology continues to shape the world of work, developing digital awareness alongside creativity, communication and adaptability will be increasingly important for young people preparing for their future careers.

I hope you find this edition informative and useful, and that it helps students discover opportunities that inspire their next steps.

Natalie Papworth
 Founding Director
 Innervate Career Services

Key Features

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Up to date Careers News, Information & Opportunities



Schools



Teachers



Young people



Career advisers



Parents/Carers



Parents/Carers



Young people



Teachers

Reading Careers Fair

Penta Hotel
20 May 2026
10am – 2pm



Looking for a new career? Looking for your next hire? The UK Careers Fair returns to Reading on Wednesday 20th May.

Meet local and national employers face-to-face and apply directly for hundreds of vacancies.

[Tickets](#)

Why attend a Careers Fair?

Career fairs are a great opportunity for students to discover more about job sectors and future employers and could even result in you being offered a job.

Information about the Industry: Learn about different industries, talk to companies and find out which sectors appeal to you.

Networking: Gain contacts for future opportunities

Confidence Boost: Develop your communication skill by talking to employers and asking questions, to gain an understanding of what skills and abilities they may be looking for.

Potential Future Employment: Attending a careers fair could lead to a job interview. Even if unsuccessful on this occasion, you'll receive valuable experience and will be more prepared in the future

Prepare: Dress smartly, collect all qualifications and other documents that demonstrate your skills and take your CV with you.

Pilot Career Live Event

18 April 2026
Sofitel London Heathrow T5



Leading flight training companies, training experts and pilots in one venue, offering independent career advice on what it takes to becoming a professional pilot.

[Book tickets Here](#)

LONDON JOB SHOW  **LONDON W12**

15th & 16th May 2026 at Westfield Shepherds Bush



[Register Here](#)



Nursing Careers and Jobs Fairs:

Birmingham 2nd March

Leeds 17th March

London West 17th April

London 4th Sept

Manchester 29th Sept

[Click Here For Information](#)



Events & Opportunities



Parents/Carers



Young people



Teachers



Guildford Careers Fair

G Live Guildford Arts Centre, GU1 2AA
Friday 13th March 2026 | 10am-2pm

What type of companies usually exhibit?

Exhibitors hail from a diverse array of sectors, including finance, education, sales and marketing, motoring, human resources, IT, healthcare, tourism, commercial real estate, biochemistry, electronics, manufacturing, hospitality, social work, events management, retail, supermarkets, banking, and pharmaceuticals.

[Book Tickets Here](#)

University Open Days & Taster Days

To find out about open days, either go direct to university websites or click on the icons below to search for University open and taster days



Ongoing programme of online events:

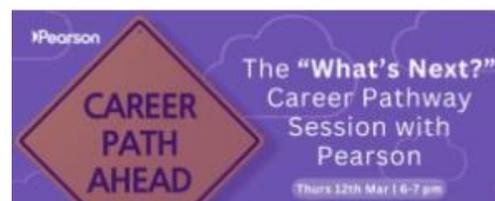
[Click here for info](#)

Wed 11 Mar | 18:00 - 19:00

Thur 12 Mar | 9.00 - 10:00



Thurs 12 Mar | 18:00-19:00



Mon 23 Mar | 6 - 7pm



Women in the Army – Real Stories, Real Impact



Date: Wednesday 11 March
Time: 6-7pm
Venue: Online

Hear from soldiers and officers as they chat about their roles, sports they get involved in, places they've travelled and how they balance Army life with family life.

[Sign Up Here](#)



Young Professional provides students with the opportunities they need to thrive, regardless of their socioeconomic status.

They offer resources, mentorship, and real-world experiences to students, young professionals and schools. On their website, you can find apprenticeship and work experience opportunities.

[Discover More Here](#)

Resources



Parents/Carers



Young people



Teachers

Uni Compare for Students and Schools



A free platform to explore university courses, compare university ratings, take the degree course quiz, use the open day calendar and order prospectuses. The course search filters include location, UCAS tariff points and type of study, such as sandwich courses, part-time study and online learning.

www.universitycompare.com

Apprenticeship Action Plan

This simple guide, created by John Paley a Careers Adviser, shows:

- Where to search for an apprenticeship
- The three routes in
- What to do if you don't secure an employer straight away

YOUR APPRENTICESHIP ACTION PLAN

Step-by-step guide to help you secure an apprenticeship – whether through a college, a training provider, or direct with an employer.

STEP 1: START YOUR SEARCH

Look on these sites:

- Find an Apprenticeship (gov.uk)
- Get My First Job
- Not Going to Uni
- Rate My Apprenticeship
- Amazing Apprenticeships



TOP TIPS
Set up alerts by your area and your career interests so you never miss a new opportunity.

Colleges and training providers often help match students with local employers – don't be afraid to ask!

STEP 2: HELPFUL EXTRAS TO BOOST YOUR PLAN

1 Apply Direct to Employers <ul style="list-style-type: none">• Make a list of companies in your chosen industry.• Visit their websites/social media channels and check their careers pages.• Email with your CV, course details, and enthusiasm.• Follow up if you don't hear back in a week or two.	2 Apply via a College or Training Provider <ul style="list-style-type: none">• Apply for an apprenticeship subject you're interested in.• Ask if they help match students with employers.• Apply for the full-time course too (if applicable).• Attend open days or taster sessions.	3 Start a Full-Time Course First <ul style="list-style-type: none">• Choose a course linked to your future apprenticeship goals.• Build confidence and skills in a classroom or workshop.• Improve English, maths, and employability skills.• Look and apply for apprenticeships during the course.
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What if You Don't Find an Employer Right Away?

- Join the course anyway – colleges & training providers often help you find an employer.
- Keep applying for apprenticeship vacancies.
- You can switch over once you find an employer.

YOUR SAFETY NET CHECKLIST

Have you:

- Applied for more than one route?
- Got a backup full-time course offer?
- Asked about employer help?
- Used Find an Apprenticeship?
- Spoken to a careers adviser?

RESOURCEFUL CAREERS

[Download a copy here](#)



The OneBigNext Degree Application Roadmap



Degree apprenticeships aren't applied for through UCAS like university places, they are recruited like jobs. This resource lays out clearly:

- What should already be in place
- What to focus on now
- What's coming next

[Download a copy here](#)

Advice for employers on hiring an apprentice

Approaching companies directly is one way to find an apprenticeship. If a company is potentially interested but have not employed an apprentice before, these resources are available to help:

[Checktrade: Apprentice](#)



[Department for Education and Skills for Life: Employ An Apprentice](#)



[Gov.UK: Employing an Apprentice](#)





Schools & Colleges



Surrey CAREERS HUB | CAREERS & ENTERPRISE COMPANY



TEACHER ENCOUNTERS

Surrey Teacher Encounters are now open for bookings, with a wide range of Surrey businesses opening their doors to teachers from schools and colleges across the county.

Represented sectors include IT, Business, Tax, Auditing and Consulting, Plant and Animal Health, Theatre, Gaming, the NHS and Global Facilities Management.

Follow this link to explore the prospectus and book a space:

[Teacher Encounters Prospectus 2026](#)



The Money Charity offer engaging and interactive Financial Education Money Workshops which have reached over 300,000 young people since 2010. They cover KS2, KS3, KS4 and post-16, as well as specific workshops designed for young people with SEN.

[Mainstream Workshops Guide](#)

[SEN Workshops Guide](#)



Inspirational speakers provided to schools, colleges and universities, covering a wide range of topics, including careers and PSHE. Services also include supporting workshops, events, CPD and INSET days.

[Find out more here](#)



Goodwood STEM seminars Thursday 9th and Friday 10th July

Secondary schools are invited to join the Goodwood Education Trust for their STEM seminars as part of the Festival of Speed.

The opportunity includes half a day of seminars, experiencing the RedArrows flypast and then free half day access to the Festival of Speed for students and staff. Email them direct to book: get@goodwood.com

Primary Engineer®

Primary Engineer offer fully funded competitions and activities for schools focused on bringing engineering into the classroom.

‘Engineering a Career’ is a short course designed to build confidence in signposting students into the world of engineering, through their existing skills and interests. The course is:

- Fully funded
- CPD accredited with 15 CPD points
- Aligns with Gatsby Benchmarks
- Delivered online and only requires 1 hour of commitment per week (15 in total).

[Engineering a Career - Primary Engineer](#)

Free Careers Education Resources



Youth Employment UK provide support for young people with skills, study, careers, jobs and training routes and more,. They also provide free lesson plans and careers posters for teachers. Click on the icons below to find out more:

[LESSON PLANS](#)

[SCHOOL POSTERS ↗](#)



THE LONDON SCHOOL OF ECONOMICS AND POLITICAL SCIENCE

LSE Empower

Date: Saturday 16th May Venue: Online

For: Year 12 students of black heritage.

Follow this link to find out more: [LSE Empower: Year 12](#)

Apply here: [LSE Empower Application Form](#)



THE LONDON SCHOOL OF ECONOMICS AND POLITICAL SCIENCE

LSE Explore

Date: Online sessions from Monday 27 Apr – Sat 9 May, in-person sessions on Wednesday afternoons in June

For: Year 12 state school students

Find out more: [LSE Explore: Year 12](#)

Apply here: [LSE Explore 2026 application form](#)



Parents/Carers



Young people

Work Experience Opportunities

“intouch”

JPMorganChase

London-based summer work experience in finance and technology for students in Years 10 and 11. The placement will include both in-person and online experiences and you must live within 90 minutes of the JPMorganChase office. Applications to be made via Uptree.

[Find out more here](#)



[Register with Uptree and apply here](#)

BritishRedCross

The Red Cross offer work experience placements and volunteering opportunities for young people in a wide range of areas, including running events, helping in charity shops, undertaking research and supporting with the delivery of projects.

[Click here to find out more](#)

The NHS offer workplace shadowing and work experience for young people age 16 and over.

[Find out more here](#)



Hampshire police are offering work experience placements for Year 10 and 11 students.

[Click here for info](#)

Royal Berkshire NHS Foundation Trust

The Royal Berkshire trust offers work experience placements for Year 12 and 13 students in medicine, nursing, midwifery and allied health professions:

[Berkshire: shadowing and work experience](#)



The North East London Trust offers placements to students resident in the local area in Years 10-13.

[Apply here](#)

To find out about opportunities in your area, contact your local NHS trust.

Sources of virtual work experiences are:

[Brighton and Sussex Medical School](#)

[Careers in Healthcare Science](#)

National: UK's Intelligence Agencies, Virtual Insight Session



Learn about careers working for MI5, MI6 and GCHQ, which all work in different ways to keep the country safe.

Date: Weds 11th May 11.00 am – 12.00pm

Location: Online

For: Year 13 students with an interest in STEM, looking for Early Careers opportunities, such as apprenticeships.

[Apply Here](#)





Parents/Carers



Young people

Work Experience Opportunities

“intouch”



Sussex Wildlife Trust offer volunteering opportunities for those aged 12-25.

[Click here to find out more](#)

You can explore Wildlife Trusts in other areas for similar opportunities:

Law online event



Trowers and Hamlin’s virtual event for Year 12s interested in the solicitor apprenticeship route. Date: Tuesday 2nd June 4.30-5.30pm. Applicants must meet grade requirement specifications – see here for details and how to apply [Click here to see details and how to apply](#)



Are you a Year 10 student interested in STEM? King’s College work experience week runs from Monday 6 to Friday 10 July 2026. You'll spend a week in the Faculty of Natural, Mathematical & Engineering Sciences (NMES), exploring different STEM topics and meeting a wide range of scientists and engineers.

[Apply Here](#) Applications close **Friday 13 March 2025.**

London: Schroders, Year 12 Work Experience Insight Day



In-person event for Year 12s interested in financial services or technology and finding out about careers at Schroders in London. Weds 10th June 10.30am-3.00pm [Apply Here](#)



KPMG Virtual insight session

Online event for Year 12 students interested in apprenticeships in one of KMG’s offices (locations include Reading and London.)

KPMG is one of the ‘Big 4’ professional services firms, offering Audit, Tax, Legal, Consulting, Deal Advisory and Technology services.

Weds 1st July 10.00am-3.00pm [Click here to find out more](#)

London: Linklaters, Solicitor Apprenticeship Work Experience Day

Thu 11th Jun 2026 @ 10:15 AM **Linklaters**

London

For Year 12s interested in a Solicitor Apprenticeship with Linklaters. [Follow link to see grade requirements and how to apply](#)

Springpod offer a wide range of virtual work experiences. Click on the icon below to see their opportunities:



Uptree offer a range of live and virtual work experience events for Year 12 and 13 students. [Click here for details](#)





Parents/Carers



Young people

Work Experience Opportunities

“intouch”



Find work experience information regarding roles in a wide range of sectors, shown below:

- **Surrey Fire and Rescue Service**
- **Children, Families and Lifelong Learning**
- **Resources**
- **Customers and Communities**
- **Place**
- **Adults, Wellbeing and Health Partnerships**

[Find out more here](#)

For volunteering opportunities with children and their families, see [Surrey Volunteering](#)

Contact your local council for similar opportunities in other areas of the country.



Remote opportunity

From Zookeeping to Zoo Careers – Virtual Experience with Flamingo Land

Two -day virtual work experience 6th-7th May 10.00am-2.00pm. For students age 14-19. Hear directly from a zoo keeper about caring for animals, conservation and education and learn about a wide range of roles within zoos, covering guest services, business support and more. Apply by 10th April: [Apply here by 10th April](#)



Citizens Advice offer a variety of volunteering experiences, from communications and marketing to advising.

You can find examples of roles at West Sussex here: [West Sussex: Get Involved](#)

Contact your local service for roles in your area.



Remote opportunity

Get into Sports Media

Discover a variety of careers in sports media, from commentary and reporting to social media management and marketing. Virtual event, 16th-17th June. 10.00am-2.30pm. For students age 14-19.

[Apply here](#)



Explore careers in hospitality, travel, events and business, both onboard ships and onshore.

Virtual two-day event, 23rd-24th April 9.00am-3.00pm. For ages 14-19. [Apply Here](#)



Futures For All offer both in-person and virtual work experience placements for students ages 14 to 19, in a diverse range of industries.

[Future Finder - Futures For All](#)

Apprenticeships Snapshot

Retail

Aldi Apprenticeships



Visit: [Apprenticeships | Aldi Recruitment UK](#) for information and to search for a local role.

Apprenticeships currently advertised in Store Management, Warehouse Operations and Driver roles.



Apprenticeships offered in areas including retail and finance. Current Level 2 openings in retail in the South East with no specific qualification requirements. See here for details: [Click here for details and to apply](#)

Hair & Beauty



Rush salon are inviting applications for their Level 2 Hair Professional Diploma apprenticeship scheme. They have salons located across the country.

APPLY NOW

Business, Digital & Engineering with Amazon



Level 3- 6 apprenticeships currently open in a wide range of areas including:

HR, Safety Technician, Finance, ICT, Marketing, Digital Project Manager, Mechatronics.

[Find out more here](#)

Transport & Engineering



Network Rail Level 3 Engineering Apprenticeships

Level 3 Rail Engineering Technician Apprenticeships available to apply for now with a start date of November 2026. Various locations, including London, Didcot, Guildford, Horsham and Woking. [Click here to apply](#)



A range of apprenticeships are currently open on Heathrow Employment and Skills Academy site: Electrical Installation, Civil Engineering, Business Administration, Construction Quantity Surveying Technician, Project Manager.

[Apply Here](#)

Utilities & Engineering



Thames Water Apprenticeships

Thames Water apprenticeship schemes are now open and offer a hugely varied range of apprenticeships, from levels 2 to 6, in various locations including Reading, Walton-on-Thames, Chertsey and the London area. Opportunities include finance, engineering, laboratory analyst and warehouse operative.

Visit: [:Current opportunities](#)

Technology



Vodafone apprenticeships

Apprenticeships currently available in Farnborough and Newbury. Levels 3-6 covering the areas of pre-sales, product management, data analytics, field engineering, network engineering and commercial. [Apply here](#)

Apprenticeships Snapshot

Banking



Lloyds Banking Group offer apprenticeships in a wide range of sectors including audit, actuarial, accountancy, HE and digital marketing. [Find out more here and register your interest for future opportunities](#)

Science



Surrey-based Level 4 Data Science Apprenticeship (Space) now available, with a closing date of 20th March.

You can also register your interest for a range of other apprenticeship schemes offered by Pfizer, in science and business. [Click here for further information](#)

Construction/Engineering/Technology



Degree apprenticeships are currently available with Kier at Oxford and Gerrards Cross in Quality (Transportation Team,) Electro-Mechanical and Civil Engineering. [Further information and to apply](#)



Transport for London are advertising a range of London Underground apprenticeships from Level 2 upwards, including rail engineering, electrical installation and service control. [Find out more and apply here](#)
They also offer technology apprenticeships, covering areas such as IT Solutions and Cyber Security. [Register interest for future opportunities in technology here](#)

The Police



Applications are open for Police Constable Degree Apprenticeships (PCDA). Applications are required to have a 4 or above in English Language GCSE and either a level 3 qualification/be working towards a level 3 qualification **or** training or work experience equivalent to a level 3 qualification **or** have been a member of the Met’s Volunteer Police Cadets for 24 months. [Discover more here](#)

Not local to London? Explore your local police force’s page for similar opportunities.

The Army



The army offer a diverse range of apprenticeships which include Level 3 Business Administration, Level 4 Intelligence Analyst, Level 3 Engineering Technician, Level 3 Pharmacy Technician, Level 3 Metal Fabricator, Level 5 Coaching and Mentoring, Level 6 Leadership and Management, Level 3 Aviation Movement Specialist. [Find out more about all their roles here](#)

Childcare



Childcare Apprenticeships

There are a many different apprenticeship roles available, from Level 2 upwards, with current openings in London, Berkshire, Surrey and Hampshire.

[Click here to search for current vacancies](#)

How to find apprenticeships



Find an apprenticeship

The Government website is a good place to look for local apprenticeship vacancies as you can input your postcode and how far you are prepared to travel. It is especially good for Year 11 school leavers, as there are a wide range of Level 2 and 3 apprenticeships advertised :

[Apply for apprenticeships](#)



Formerly known as Rate My Apprenticeship, HIGHERiN has an apprenticeship search facility which you can filter by level, making it suitable for both Year 11s and Year 12/13 leavers. You can also search for insight days, work experience placements and school leaver programmes: [HIGHERiN Apprenticeship Search](#)

Some apprenticeship websites which are especially useful for Year 13 leavers include:



Amazing Apprenticeships produce a bi-annual Higher and Degree Apprenticeship Listing (released in October and January to coincide with many apprenticeship application timelines.) The resource contains links to thousands of live apprenticeships, in a wide range of sectors.

[Amazing Apprenticeships Higher and Degree Apprenticeships Listing](#)



Although better known for university applications, UCAS also advertise apprenticeships, from Level 3 to Level 7: [UCAS Apprenticeship Search](#)



As the name suggests, Not Going To Uni is for sixth form/college leavers who are exploring alternative options to university. Find apprenticeships, courses and work experience opportunities here:

[notgoingtouni](#)



Gradcracker specialise in degree apprenticeships, summer placements and internships in the field of STEM. [Find out more and apply for opportunities here](#)



Success at School advertise apprenticeships, from Level 2 up to Level 7. [Search for Vacancies Here](#)



Pathway CTM advertise apprenticeships, hold apprenticeship events and can support students with applications. [Click here to see opportunities](#)

You can also use general job searching sites, such as [Indeed](#) and [Totaljobs](#). In addition, the job profile pages at [Prospects](#) and [CareerPilot](#) provide links to industry-specific jobsites to use for your chosen job roles.

Remember to ask your Careers Lead at college/sixth form, your tutors, friends and family if they know of any vacancies. Check the websites and social media pages (particularly LinkedIn) of companies you would like to work for. For some businesses, such as hair salons, you could go in to introduce yourself in person with your CV.



Your Careers Guidance Session and additional support services



Parents/Carers



Schools



Teachers

When you consider being part of a career guidance session, thoughts may come to mind about what the interview may involve and the questions you may feel you need to know the answers to.

The reality is there are no right or wrong answers – the career guidance session is a conversation which aims to guide you towards understanding more about how you learn and work best. This involves thinking about what interests and motivates you and identifying any gaps in your knowledge. An important part of your session involves exploring any barriers to your plans and how you could gain support with overcoming these. Please see below for agencies which offer a range of additional services. If you feel supported with all areas of your life, this will help to ensure that when you are making plans for your future, nothing is standing in your way!

Financial Support For Studying

For advice from the government on financial support for students age 16-19:

[Gov.UK: Financial Support](#)



Individual sixth forms and colleges may also be able to access grants and other sources of funding to help, so do let them know if you may have difficulties funding travel or course equipment.

For advice on university scholars grants and student loans:



[UCAS Student Finance](#)

Skills For Work And Financial Support

The King's Trust provide support and grants to build your confidence, get a job or start your own business.

[Find out more here](#)

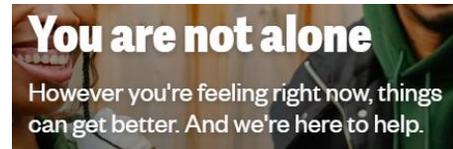


Mental Health Support

YoungMinds provide help and advice for young people, parents and carers.

YOUNGMINDS

[Click here to access support](#)



Kooth provide online help with emotional wellbeing for teens and young people:

[Kooth.com](#)



Keeping Yourself And Others Safe

Childline provide counselling, information and advice on a wide range of issues. You can contact them by phone call, message or online.

[Find out more here](#)

Call 0800 1111 ☎

childline

ONLINE, ON THE PHONE, ANYTIME

The Children's Society has links to Young Carers groups, crisis support services and a range of other services for children and young people.

[Information for Young People](#)

The Children's Society

Barnardo's provide support for care leavers, homelessness, LGBT+, young carers and those needing support with their mental health.

[Click Here](#)



SEND

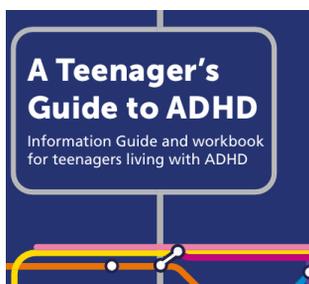
Know Yourself resources: The National Autistic Society has created free videos, PDFs and worksheets for autistic teenagers to access, to support them in understanding what being autistic means to them:

[Click here for resources for autistic teenagers](#)



The ADHD Foundation, Born to be ADHD and Healthy London have created a free guide and workbook for teenagers with ADHD.

[Download the guide here](#)



Listen to stories of others living with dyslexia and dyscalculia. The British Dyslexia Association also provides advice and support services:

[Find Stories Here](#)



Find out more about support in education or training post-16 for those with SEND:

[Sense Post-16.](#)



Support For Young Refugees

Refugee Education UK

Supporting refugee children and young people to access the level of education that is right for them, from primary school through to university

[Find out more here](#)



Help for refugees and people seeking asylum.

[Click here for services for children and young people](#)

Support for LGBTQ+ Young People

Stonewall Young Futures

A hub designed for all LGBTQ+ young people thinking about their next steps, including education, training, apprenticeships and work.

[Click here to access the hub](#)

Health

HEALTH FOR TEENS

Advice on health, relationships and wellbeing.

[Click here for a help sheet on confidence and self esteem](#)



Parents/Carers



Schools



Teachers

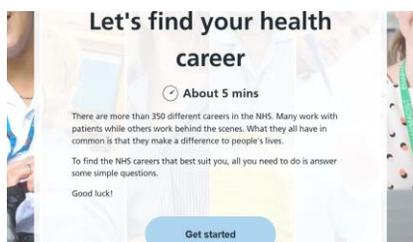
Careers in Mental Health



We all have mental health, as we all have physical health. Some mental health conditions may be visible to others and some may not be. Mental health conditions may be very challenging and some people recover from their mental health condition whilst others learn to live with theirs. Helping others with their mental health can offer wide ranging and rewarding career pathways.

Whilst it is hard to know how technology will change mental health careers in the future, it is clear that the range of mental health roles is increasing. The NHS lists 350 varied roles - for example there are at least 6 types of roles working with Ambulance teams.

Having a broad range of roles to choose from may seem daunting but the NHS offer a quiz to help start navigating these options: [Take our careers quiz | Health Careers](#)



They also offer a tool to explore and compare up to three job roles at a time: [Compare Roles In Health](#)

A great place to start to look for roles is [Step Into The NHS](#) which has an A-Z of over 350 NHS health careers, video stories and links to information on work experience and apprenticeships.

**350 Careers. One NHS.
Your future.**

Exploring the vast range of mental health careers may help you recognise that roles are very different. A [Therapeutic Radiographer](#) works with technology to support patients, whilst a [Music Therapist](#) involves working with patients and music. Other roles include [Drama Therapist](#) and [Art Therapist](#)

This variation allows people to work in environments that they prefer (hospitals, prisons, schools, charities, private organisations) using skills that they enjoy.

Qualification routes to mental health roles also vary:

Degrees and postgraduate qualifications are needed for roles such as a [Health Psychologist](#)

Training grants are available for those wanting to study nursing at university, with a higher grant available for specialising in mental health nursing: [Mental Health Nurse](#) Find out more about funding here: [NHS Careers: Financial Support](#)

To become a [Mental Health Practitioner](#) the apprenticeship route is possible and there are September and January start dates

Roles not requiring specific qualifications include: [Emergency Medical Dispatcher/Call Handler](#)
[Social Prescribing Link Worker](#)
[Speech And Language Therapy Assistant](#)

Some careers, such as [Counsellor](#) value life experience. You may study for a counselling course part-time, after gaining experience in another role, helping people.

If you want to help in a more indirect way, mental wellbeing charities have a wide range of roles to explore, from administration to fundraising to content creation. Knowing that you want to help people with their mental health is a good place to start to explore the right role for you.



Parents/Carers



Schools



Teachers



AI is reshaping the world of work and skills requirements at an unprecedented pace globally.

AI Job Automation Risk

By 2030, up to 30% of jobs could be automated, affecting around 300 million roles globally.

Growth in AI-Exposed Jobs

From 2019 to 2024, AI-exposed occupations grew by 38% showing new opportunities despite automation.

Economic Value of AI Skills

Workers skilled in AI earn over 50% wage premium, highlighting the value of technological proficiency.

Reskilling Workforce Needs

78% of businesses expect up to half their employees will require reskilling to adapt to AI changes.

Which roles are vulnerable to automation?

High-Risk Routine Jobs

Routine and predictable tasks in roles like data entry and administrative support are highly vulnerable to automation.

Sector-Specific Impact

Entry-level jobs in UK's professional services and financial sectors face significant automation exposure over the next decade.

Jobs Less Vulnerable

Physical jobs needing dexterity and situational awareness, like construction and trades, are less likely to be automated soon.

Adapting to Change

Guidance towards roles emphasising creativity, empathy, and complex decision-making is key for future skill development.

Emerging Careers and Growth Areas

New AI careers

AI creates roles like AI engineers, data scientists, machine learning specialists, and AI ethicists requiring advanced skills.

Hybrid Technical Roles

Hybrid jobs such as AI product managers and data governance specialists combine technical skills with strategic oversight.

Sector Growth Opportunities

Health, social care, creative industries, cyber security, and UX design sectors grow as AI transforms services and innovation.

“You shouldn’t worry as much about AI taking your job as you should worry about someone who’s very good using AI taking your job.”

Chuck Robbins, Chairman and Chief Executive of Cisco Systems, January 2026.



The Future of Education report of 2024 identified that “Over 80% of jobs advertised in the UK require at least some digital skills”

As far back as January 2016, the **World Economic Forum’s Future of Jobs report** estimated that “65%

of children entering primary school today will ultimately end up working in completely new job types that don’t yet exist.”



These are the secondary school students of today, for whom digital literacy skills (designing and creating tech, not just being a user of it) will be arguably just as important as English and maths. Developing entrepreneurship skills, lifelong learning, creative skills and storytelling skills (such as empathy and clear communication) are being touted today, at careers conferences, as being crucial to the future workforce.

About Us



Schools



Teachers



Young people



Career advisers



Parents/Carers



Our Approach

Our approach is to provide multiple career guidance interactions offering schools a variety of methods to access personal guidance. By accessing our assemblies, presentations, workshops, and career lessons, young people are better prepared for their one to one personal guidance meeting with our qualified career advisers.

Our careers and personal guidance services can help schools and career advisers make the most effective and efficient use out of the resources, time and personnel available.

We have designed and developed our career lessons from the CDI Framework learning outcomes, with a range of career and personal development activities to encourage self-awareness, decision making skills, opportunities awareness and transition management skills.

The approach we provide enables this to happen at each key stage for each year cohort. It supports schools in addressing the needs of students with an effective way of planning caseloads and preparing students for personal guidance interviews.

Key stage 3:

- One to one personal guidance interviews and/or interactions for prioritised students choosing their GCSE Options
- Group career and personal guidance interactions prioritised students choosing their GCSE Options
- An annual career lesson for all students in year 7, 8 & 9 delivered by a qualified personal guidance adviser
- Guidance services at parents evenings, options evenings, career events
- CEIAG activities including group work, assemblies, and career days e.g. workshops on Apprenticeships, Employability, University

Key stage 4:

- One to one personal guidance interviews and/or interactions for year 10 and 11 students
- Group career and personal guidance interactions for year 10 and 11 students
- Presentations/ group work for all key stage 4 students to build awareness and understanding of all post 16 options including education and technical training, with follow up interventions to monitor intended destinations and guidance needs
- Guidance services at parents evenings, options evenings, career events
- CEIAG activities including group work, assemblies, career days e.g. workshops on Apprenticeships, Employability, University
- Labour Market Information and Career Pathways lessons and activities

Key stage 5:

- One to one personal guidance interviews and/or small group discussions for sixth form students
- Providing focus and clarity to any contemplating their current programme/ considering leaving 6th form
- Supporting students with generating initial ideas around their next steps, plan of action regarding university and/ or work in light of long term career goals
- Dilemmas regarding university courses and subjects, university or work, long term career planning
- Support for those considering work or higher/ degree apprenticeship schemes, CV preparation, job/ opportunity searching, interview and assessment centre day technique
- Any last minute concerns, change of plan
- August Exam Results Period – Triage/ emergency one to one support
- Career Lessons/ Sessions as part of a Careers Programme:
- Employability Skills – the content of winning CVs, application forms and personal statements
- Interview & Assessment Centre Preparation – details and mock activities to provide insight and readiness
- Introduction to UCAS/ Personal Statement workshops/ UCAS application clinics
- Higher & Degree Apprenticeships
- Attendance at Year 12 & 13 Parents Evenings and Parent Information
- Apprenticeships, UCAS and the Importance of Work Experience
- Labour Market Information and Career Pathways lessons and activities

Targeted support for high needs students:

- Schools can choose specific targeted support for disadvantaged and/ or high needs and/ or those at risk of exclusion/ NEET
- Group career guidance interventions once a term for prioritised students from year 7 to year 10
- A developed range of extension activities around the key stage 3 and 4 programme and increased the frequency of interactions with a career adviser for these students from once a year, to once a term.
- Students are seen in small groups of up to five to provide a sense of focus and give each student more opportunity to participate, be heard and interact with the career adviser and each other.
- Each term we build on the work of previous sessions providing careers education activities with reflective guidance time that enables a deeper impact in terms of building aspiration and achievement over time.

Bespoke:

We can provide bespoke personal guidance activities to fit schools and cohort needs.