

Welcome to the Autumn Term 2023 newsletter!

This edition is packed with opportunities for apprenticeships, work experience and events as well as an interesting feature on The Future of Work.

Careers Fairs can be a fantastic way of exploring the world of work and meeting organisations keen to inform young people about their industry. Not only can you find out about opportunities within the organisation, you can also build contacts for future possible work experience and a head start with any competitive application process.

Autumn term is an important time for year 11 and year 13 students to be considering and making final decisions on their plans for next September. Take a look at pages 5-8 for a reminder of the options, timelines and deadlines as well as application and interview tips.

It's a good idea to have your plans wrapped up by December, just in time to be wrapping up those Christmas presents! Remember if you are unsure and would like to speak to an Innervate Career Adviser, please speak to the Careers lead in your school.

Best wishes

**Natalie Papworth**  
**Founding Director**  
**Innervate Careers**

*Imagination allows us to conceive of delightful future possibilities, pick the most amazing one, and pull the present forward to meet it*

- Jason Silva, Futurist.

*The best way to predict the future is to create it*

- Abraham Lincoln.

## Key Features

- [Events & Opportunities:](#)  
 Skills London Careers Fair  
 Careers Live  
 London Careers Fair  
 Nursing Times Careers Fair  
 Guildford Careers Fair  
 Reading Careers Fair  
 The National Apprenticeship Show
- [School & Colleges Career Resources & Events](#)
- [What are the Options after Year 11?](#)
- [Guide to Levels & Qualifications](#)
- [Preparing for the College Interview](#)
- [School Leaver & Apprenticeship Opportunities](#)
- [Work Experience – Does it Make a Difference?](#)
- [Labour Market Information August 2023](#)
- [The Future of Work – The Fourth Industrial Revolution](#)
- [Careers - Map your Route](#)
- [About Innervate Careers Service](#)

## Up to date Careers News, Information & Opportunities



Schools



Teachers



Young people



Career advisers



Parents/Carers

# Events & Opportunities



Parents/Carers



Young people



Teachers



Trade Show

## Skills London 2023

🕒 24 - 25 Nov 2023 [Add To Calendar](#)

📍 ExCeL London, London, UK [Get Directions](#)

[Skills London \(Nov 2023\), London UK - Trade Show \(10times.com\)](#)

## Career Live 2023 Event

What Next?

10 & 11 NOVEMBER 2023 | OLYMPIA LONDON

10 & 11 Nov 2023 Who will be there [Book Tickets](#)

10 & 11 NOV 2023

Opening times

Friday: 09:30 - 15:00

Saturday: 10:00 - 16:00

MEET THE UK'S TOP EMPLOYERS AND UNIVERSITIES

What CAREER LIVE

[BOOK FREE TICKETS NOW](#)

What UNIVERSITY LIVE

## London Careers Fair | Nov 03, 2023 | Tottenham Hotspur Stadium



## University Open Days & Taster Days

To find out about university open days go direct to their website. You can also click on icons below to search for University open and taster days



[opendays.com](#)

university and college open days

UNIVERSITY  
TASTER  
COURSE  
PROGRAMME



Saturday, 11 November

## Nursing Times Careers Live London & South East 2023 - physical job fair

Nursing Times Careers Live is a one day free to attend nursing job fair and educational career conference.

Saturday 11 November 2023, 10.00-16.00

Venue: etc. Venues, 133 Houndsditch London EC3A 7BX

The job fair will allow you to network with colleagues and meet potential employers from a range of NHS and independent care settings.

[For information and to register click here](#)



Wednesday, 28 February

## Guildford Careers Fair

The Guildford Careers Fair will offer candidates from all backgrounds, experience and education levels the opportunity to speak to representatives from an abundance of local employers, all in one place.

**Venue:** G Live Guildford Arts Centre, London Road, Guildford GU1 2AA

**Wednesday 28 February 2024, 10.00-14.00**

By participating in the Guildford Careers Fair, you will have the chance to explore a wide variety of organisations and job roles, which can save you a significant amount of time compared to submitting online applications. Instead, you can engage in direct conversations with employers to gain valuable insights into their company culture, benefits, and hiring requirements.

### What type of companies usually exhibit?

Exhibitors typically hail from a diverse array of sectors, including finance, education, sales and marketing, motoring, human resources, IT, healthcare, tourism, commercial real estate, biochemistry, electronics, manufacturing, hospitality, social work, events management, retail, job boards, supermarkets, banking, and pharmaceuticals. Click on link below to find out exactly who is hiring at this event.

[For information and to register click here](#)

# Events & Opportunities



Parents/Carers



Young people



Teachers



Wednesday, 6 March

## Reading Careers Fair



The Reading Careers Fair will offer candidates from all backgrounds, experience and education levels the opportunity to speak to representatives from an abundance of local employers, all in one place.

**Wednesday 6 March 2024 10.00-14.00**

Venue: Pentahotel, Oxford Road, Reading RG1 7RH

### What type of companies usually exhibit?

Exhibitors typically hail from a diverse array of sectors, including finance, education, sales and marketing, motoring, human resources, IT, healthcare, tourism, commercial real estate, biochemistry, electronics, manufacturing, hospitality, social work, events management, retail, job boards, supermarkets, banking, and pharmaceuticals. Contact us to find out exactly who is hiring at this event.

[For information and to register click here](#)



Trade Show

## The National Apprenticeship Show

🕒 27 - 28 Feb 2024 [Add To Calendar](#)

📍 Sandown Park Racecourse, Esher, UK [Get Directions](#)

### Opening Dates & Times:

Tuesday 27 February 2024 10:00 – 14:30

Wednesday 28 February 2024 10:00 – 14:30

### About the Event

The National Apprenticeship Show – London & South East is the perfect event for School and College leavers, as well as young adults, to discover more about Apprenticeships across the region.

Taking place at **Sandown Park Racecourse** in Surrey, this event welcomes visitors and Exhibitors from all London Boroughs, Surrey, Brent, Croydon, Sussex, Hertfordshire, Hampshire and Kent.

[For information and to register click here](#)



## Interested in the military services?

AFC Harrogate supports 16 and 17 year olds in learning military skills, fitness and education (including English and Maths) so they're ready for an apprenticeship and successful career in whichever part of the Army suits them best - all whilst earning a good wage and making friends for life.

Find out what life is like at the college and the opportunities available:

[WATCH THE FILM NOW](#)

You can also join their webinar on 7<sup>th</sup> November at 4.00pm to find out more about AFC Harrogate and how the colleges helps 16-17 year olds prepare for a career in the British Army:

[Click for Webinar Registration](#)



## Are you interested in Construction? Wish to learn a trade?

### About Checkatrade's Get In Programme:

About Apprenticeships and Checkatrade are looking for young people aged 16 to 25 who want to take control of their own futures.

There's a huge skills shortage in the trades – needing tens of thousands more plumbers, electricians, joiners, and other tradespeople – and they are looking to find bright, new apprentices to help plug the gap.

Powered by Checkatrade, Get In aims to help connect you with a world of limitless possibilities in the trades for information:

- [Essential apprenticeship information to know before applying.](#)
- [Apprenticeship training examples: what do apprentices learn?](#)
- [Apprenticeship Application Seven tips for success.](#)

If you are interested and wish to find out more, upload your CV, gain tops for applying for apprenticeships follow the following links:

[Get Involved Upload your CV to the jobs board](#) – you'll be sent useful info and the lowdown on all you need to know about trade apprenticeships.



# School/College Resources/Events for Careers & Employability



## School and College Resources



## Free Careers Posters for Schools

The Youth Employment UK offers free posters for schools ranging from:  
Skills Posters  
Career Sectors  
Curriculum Subjects

### [Free Career Posters for Schools](#)



Discover Amazing Apprenticeships series of short and engaging films covering 12 school subjects and the many apprenticeship roles they link with.

Each film introduces a range of apprentice roles linked to the subject and outlines some of the tasks you could expect to be doing in each apprenticeship.

[Click here to access a range of subjects](#)

## Free Resources for International Women's Day on 8 March 2024

Registration is open for **schools and colleges** who would like to receive a printed copy of the Apprenticeship A-Z of Women at Work flashcards.

Featuring 26 brand-new female apprentices in a wide variety of apprenticeship roles, these flashcards have been updated for 2024 and will be made available in advance of International Women's Day 2024: [Click here to register](#)

## National Careers Week 2024

### VIRTUAL **Careers Fair**

4th - 9th March 2024

The Virtual Careers Fair will go live on day 1 of Careers Week. All you need to do is share the website address with students.

- No registration required
- No data is collected from students.
- Tons of opportunities for students to explore

[Click here for information for Educators and Students](#)



**A careers programme for schools that'll engage and inspire students**

Try a Trade gives teachers and career advisers everything they need to help inspire a new generation of young people about the incredible apprenticeship and career opportunities in trades like plumbing, electrics, and carpentry. [For Information click here](#)



The Big Bang UK Young Scientists and Engineers Fair is here! Join us for free at the NEC in Birmingham on **Wednesday 19 to Friday 21 June 2024**. Discover hands-on activities, careers panels and workshops that will leave you on the edge of your seat.

The Big Bang Fair is open to groups from state-funded schools for young people in:

- England and Wales: year 6 to year 8
- Specialist and SEND schools are also eligible to attend The Big Bang Fair.

The Fair is open to schools in half-day sessions. Schools will be able to register for morning (9am to 12pm) or afternoon (1pm to 4pm) sessions. [The Big Bang Fair 2024 - The Big Bang](#) Booking will open in early 2024, sign up to the Big Bang newsletter to get VIP early access when booking opens.



**Join the fun! (...and develop skills along the way)**

- Build confidence and teamwork skills
- Solve problems
- Get expert feedback
- Celebrate and share your work

The Big Bang Competition is free, and is open to young people in the UK aged 11 to 19 in state funded education, who are home educated or who enter as part of a community group. Competitors can only enter one project, either on their own or as part of a team.

[Register and enter The Big Bang Competition](#) **REGISTRATION OPENS OCTOER**

The Competition will close on 27 March 2024

## [Amazing Apprenticeships Careers Resources](#)

## [Skills & Careers Resources For Young People \(includes Downloadable Workbooks\)](#)



Young people

# What are the options after Year 11?



Parents/Carers



Teachers



## PROGRESS TO KSS

PROGRESS TO EDUCATION

PROGRESS TO TRAINING

## AFTER YEAR 11

Progress on to your chosen education or training path and start thinking about what's next

## GET YOUR QUALIFICATIONS

Work hard for your GCSEs and other courses  
Take your final exams

## MAKING YOUR CHOICES FOR AFTER YEAR 11

### EDUCATION TRAINING

Apply for college & sixth form  
by autumn term of Year 11

### TRAINING

Apply for  
apprenticeships from  
spring term of Year 11

#### A LEVELS

Traditional subject orientated qualifications

A levels are taught in the classroom and require further independent research and learning

You will be largely assessed through final exams

#### T LEVELS

Industry orientated qualifications

80% of learning takes place in the classroom and 20% on a 45-day placement with an employer to develop the knowledge and skills companies look for

You will be assessed through project based tasks and practical assignments

#### BTECS

Industry orientated qualifications

BTECs are taught in the classroom and require independent learning to develop work based skills

You will be assessed through project based tasks and practical assignments

#### APPRENTICESHIPS

Job-specific qualifications

Apprenticeships are taught through work place experience, observation and practice

You may attend a local college or training provider to cover theory elements

YOU HAVE TO CONTINUE WITH A QUALIFICATION FOR TWO YEARS AFTER YOU FINISH YOUR GCSEs

YOU DO NOT HAVE TO STAY AT SCHOOL YOU HAVE MANY OPTIONS...

## THINK ABOUT WHAT YOU WANT TO DO AFTER YEAR 11

### EDUCATION OR TRAINING

What subjects interest you?  
How do you learn best?  
What grades do you need?

### BEGIN RESEARCHING CAREERS

What type of careers/roles interest you?  
What qualifications and skills would you need?  
Can you get some work experience?

## PREPARING FOR QUALIFICATIONS

Get used to your courses  
How do you learn and revise best?

## PREPARING FOR YEAR 10

What are your strengths and weaknesses?  
What skills would you like to develop?  
Which subjects do you enjoy?

YEAR 11

YEAR 10

BEFORE YEAR 10



Young people

# What are the options after Year 12/13?



Parents/Carers



Teachers



SPRING & SUMMER TERM OF YEAR 13 / YEAR 2 AT COLLEGE

## AFTER YEAR 13/YEAR 2 AT COLLEGE

Progress on to your chosen path

## GET YOUR QUALIFICATIONS

Work hard and revise  
Complete your courses and take your final exams

## MAKING APPLICATIONS

Research courses and vacancies  
Check entry requirements or required experience  
Find out about college and university (UCAS) deadlines

## MAKING YOUR NEXT CHOICES

**Work**  
A job with or without training

**Higher Apprenticeships & School Leaver Programmes**  
Equivalent to higher education level study in the workplace, with release to a local higher education training provider

**Further Specialised Training**  
Studying a specialist vocational course at a specialist or further education college

**GAP Year**  
Time out to develop life and work experience

**Degree Apprenticeships & Sponsored Degrees**  
Sponsored by a company to study towards a degree or foundation degree at university

**University**  
Studying for a degree or foundation degree at a university or higher education provider

AUTUMN TERM OF YEAR 13 / YEAR 2 AT COLLEGE

SUMMER TERM OF YEAR 12 / YEAR 1 AT COLLEGE

## BEFORE YOU MAKE YOUR CHOICES

How do you learn best?  
Research careers and job roles  
What qualifications does your ideal career require?

SPRING TERM

## DEVELOP YOUR SKILLS

Research and apply for work related opportunities  
What skills have you developed so far?

Change courses or leave to pursue apprenticeships/training

Continue with your chosen A levels or BTEC courses

END OF THE AUTUMN TERM

## HOW ARE YOUR COURSES GOING?

Are you on target and enjoying your courses?  
Discuss any concerns with tutors, teachers and your parents/carers

YEAR 12 / YEAR 1 OF COLLEGE

## STARTING YOUR QUALIFICATIONS

Create good habits – have you got a study timetable?  
What do you enjoy most about your subjects?

| Level       | Entry Criteria   | Qualification Gained/Progress  |
|-------------|--|--|
| Level 6     | A Levels, Level 3 BTEC Diploma<br>Level 4 or 5 Qualification<br>Proven experience in the subject   | Degree with honours (BA/BSc)<br>Graduate Certificate, Graduate Diploma<br>Level 6 Award, Certificate, Diploma<br>NVQ Level 6<br><b>PROGRESS:</b> Postgraduate/Masters Degree                                     |
| Level 5     | A Levels Level 3 BTEC/Diploma<br>Proven experience in the subject<br>or qualifications at level 4  | Diploma of higher Education (DipHE)<br>Foundation Degree<br>Higher National Diploma (HND)<br>Level 5 award, certificate, diploma, NVQ L5<br><b>PROGRESS:</b> Degree, Higher/Degree<br>Apprenticeship, Employment |
| Level 4     | A Levels, Level 3 BTEC/T-Level,<br>Access to HE or NVQ3  | Foundation Degree<br>HNC's/D's, NCQ Level 4<br>BTEC Professional Diploma<br><b>PROGRESS:</b> Further study, University Degree,<br>Higher Apprenticeship, Employment  |
| Level 3     | <u>Five or more grade 4's</u><br><u>(A* to C grades) at GCSE</u><br>3-4 A levels or ..<br>Level 3 BTECs/T-Level or ..<br>Advanced Apprenticeship | A Levels<br>Key Skills Level 3<br>BTEC Awards, Certificates, Diplomas<br>NVQ Level 3<br><b>PROGRESS:</b> Further study, University Degree,<br>Higher Apprenticeship, Employment                                  |
| Level 2     | <u>Grade 3's (Ds at GCSE)</u><br>Level 2 BTEC/T-Level or<br>Intermediate apprenticeship  | GCSE's grades A*-C/9-4<br>BTEC Awards/Certificates & Diplomas L2<br>Key Skills L2<br>Functional Skills L2, NVQ L2<br><b>PROGRESS:</b> Level 3 Course,<br>Advanced/Intermediate Apprenticeship                    |
| Level 1     | <u>Less than grade 2's (Ds) at GCSE</u><br>Level 1 BTEC/T-Level Diploma<br>Traineeship   | BTEC Introduction Diploma, Certificate L1<br>Functional Skills<br>Foundation learning Tier Pathways, NVQ L1<br><b>PROGRESS:</b> Level 2 course, trainee/intermediate<br>apprenticeship                           |
| Entry Level | Entry Level<br>No qualifications<br>Traineeship & Supported Learning   | Entry Level Certificate<br>Skills for Life<br>Functional Skills (English, Math, ICT)<br>Awards Certificates and Diplomas<br><b>PROGRESS:</b> Level 1 Course  |

# College Interview?



Parents/Carers



Schools



Teachers



## Not experienced an Interview before?

You may have some anxiety about your college interview and this is only natural. However, the college interview is not like a job interview. In most cases the college will be offering you a place at the college. But it is still important to take the interview seriously and do your best to impress your interviewer as some courses are popular and therefore you will be judged by the interviewer as to your suitability.

Suitability is an important aspect of the interview. The interviewer will spend time asking why you want to take the course/s and qualifications you have applied to do. This is so they can make sure it is the right course, subject and qualification for you. It is important that you know why you want to do this course at this college so make sure you spend the time beforehand to think this through.

Colleges will look at your school reference. They will consider things like attendance, punctuality and behaviour. This is not to say that if you have issues in the past they won't offer you a place, but if you get asked about it, be honest and say that you are working on this. Then make an effort back at school to improve these things!

Honesty is important with grades too. Ultimately you don't want to be offered a place on a course that requires grades you cannot achieve. However, if you know you can achieve those grades with more effort and motivation with your coursework and revision, what are you waiting for? Get going!

### Questions the college interviewer could ask you....

#### **Why are you interested in this course?**

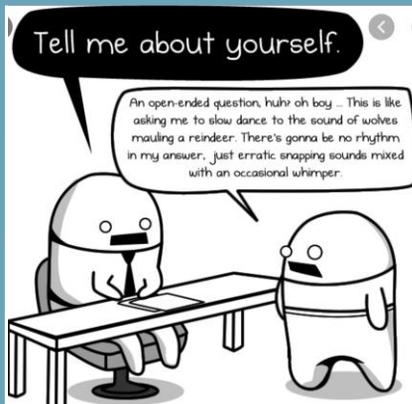
Think about why you have chosen this course, subject/s and type of qualification. Have you studied the subject before? If not, think about what you know about it and why it appeals to you.

#### **What are your future plans?**

Consider if the course and subject feature in your career plans. If not, then maybe you know you would like to do something related to it in the future.

#### **What subjects do you enjoy the most at school?**

Think about your reasons why you enjoy them... what topics you have enjoyed the most and why.



*It can be a daunting Question!*

.....

## *Just be you!*

Do you work best in groups or on your own?

Be honest... and explain why in a positive way. E.g. I work best on my own and I feel this will be helpful for independent study and coursework.

#### **What do you do in your spare time?**

Try not to go for clichés like I enjoy socialising with my friends, listening to music and playing computer games. Most people do! Think about any activities you do like sport, performing arts, babysitting, part-time jobs...

#### **What relevant activities do you do above your school work that relate to the course?**

Do you do extra reading in any of your subjects or extra activities? For example if you are taking English, do you regularly read novels? If you are taking IT do you use software packages to help you create websites etc

#### **Questions you can ask**

It is always good to have a couple of questions you can ask. This will help you find out more about your potential experience at the college

#### **How would my work be assessed?**

#### **How many students will there be in my group?**

#### **Are there clubs and extra-curricular activities I can get involved in? Are there any sports facilities at college?**

#### **What careers are possible after completing this course? Or: What do most students go on to do after this course?**

#### **What are college hours? Will I have independent study time within my timetable?**

#### **Will there be a chance to go on work experience and/ or field trips?**

Relax and enjoy your interview. Get there in plenty of time. If you cannot make it for whatever reason call and explain and make sure the college gives you an alternative interview date and time.

Good luck!



Schools



Teachers



Young people



Career advisers



Parents/Carers



# Apprenticeships Snapshot



National Apprenticeship Week  
5-11 February 2024

## What time of year do apprenticeship opportunities open?

Applications for School Leaver Programmes tend to open for Apprenticeship recruitment between September and March/April (re 2024 entry).

Closing dates typically fall between late October and early May.

However apprenticeships are advertised all year round for immediate starts and ongoing recruitment.

The following is a snapshot of apprenticeships that are current and up-and-coming school leaver opportunities for 2024 entry

### Aviation

BRITISH AIRWAYS

## BA Apprenticeship Opportunities September 2024 Start

British Airways offer a number of apprenticeships from Level 3 to Degree across areas of Customer, Business and Operations Services offering:

[Click here for information on current apprenticeships and to apply](#)

Government apprenticeship website applications:

- [Aircraft Workshop Apprenticeship](#)
- [Aspiring Leader Apprentice](#)
- [Customer Service Apprentice](#)
- [Aircraft Maintenance Apprentice](#)
- [Aircraft Workshop Apprentice](#)

### Retail

## Level 2/3 Apprenticeships at ALDI

### Career Starter - Stores Programme

Apprentices do not require any qualifications.

### Store Management Programme

Apprentices will need GCSEs in Maths and English, grade 4 and above (minimum grade C or equivalent).

[Click here to view current Surrey, South East Vacancies](#)

# intouch

## Energy & Utilities



## BP Apprenticeships For September 2024 start

BP offer wide range of opportunities for school leavers various Foundation (Level 3) and Degree Apprenticeships across departments from Engineering to Business/

### Current vacancies for 2024 start:

- [Finance Foundation Apprenticeship](#)
- [Trading & Shipping Foundation Apprenticeship](#)
- [People & Culture Foundation Apprenticeship](#)
- [Service Engineering Foundation Apprenticeship](#)
- [Aviation Engineering Degree Apprenticeship](#)
- [Project Controls Degree Apprenticeship](#)
- [People & Culture Degree Apprenticeship](#)

Sign up to insight webinars with BP to help with application process, interview and assessment insight:

[All About Online Application Assessments - 12 Dec 2023](#)

Timing: 18.30 - 19.00

Learn all about Online Assessments, Virtual Interviews and how to make your apprenticeship application successful!

[Sign up here!](#)

[What You Need to Know About Assessment Centres - 9 Jan 2023](#)

Timing: 18.30 - 19.00

Are you applying for an apprenticeship and want to learn more about Assessment Centres? bp are here to answer all your questions!

[Sign up here!](#)

## Law



## Simmons & Simmons Solicitor Apprenticeship 2024

Qualify as a solicitor and earn while you learn through our six year, level 7, solicitor apprenticeship programme.

### Location

Simons+Simmons are currently recruiting for apprentices to join their London office for September 2024.

### Eligibility

They want to hear from ambitious future lawyers, who are ready to leave their mark on the world.

You must be a school/college leaver with GCSE grades 4 or above, with at least a 6 in Maths and English, plus A-Level grades at ABB (or equivalent).

[Click to Apply](#)

## Dentons Solicitor Apprenticeship – London



**Eligibility:** Open to year 13 students, and all school-leavers who have not completed an undergraduate degree.

**Application Deadline:** Monday 15 January 2024

[Click here to Apply](#)



# Apprenticeships Snapshot



National Apprenticeship Week take  
5-11 February 2024

# intouch

## Horticulture

### RHS Horticulture Apprenticeships Open 1 December 2023

#### Two-year programmes

•**Horticultural Operative Apprentices (L2)** spend two years working alongside experienced horticulturists in the prestigious RHS Gardens. This experience gives a real understanding of the seasonal work involved in an ornamental garden. There is nothing like getting your hands dirty to grow your knowledge and confidence.

•**Arborist Apprentices (L2)** spend two years working alongside experienced arboriculturists in the prestigious RHS Gardens. This experience gives a real understanding of the seasonal work involved in maintaining trees within a public garden. Arboricultural teams develop and enhance trees and the wider landscapes of RHS Gardens to delight visitors and benefit wildlife.

#### Three-year programmes

•**Horticulture Supervisor Apprentice (L3)** spend three years working alongside experienced horticulturists. This experience gives learners a real understanding of the seasonal work involved in an ornamental garden and an understanding of how garden teams carry out their work for the benefit of everyone.

[Click here for information and to apply after December 1<sup>st</sup>](#)

## Financial Services

### RSM Accounting Apprenticeships August 2024

RSM are offering a variety of Accounting apprenticeships for full listing:

For Reading Apprenticeships [click here](#)

For Guildford Apprenticeships [click here](#)

### BDO BDO 2024 School Leaver Apprenticeships – Now Open

[Audit School Leaver Apprenticeship](#)

[Advisory School Leaver Apprenticeship](#)

[Advisory School Leaver Apprenticeship Intl](#)

[Tax School Leaver Apprenticeship](#)

### Ernest & Young Register interest for 2024 intake

Ernest & Young variety of Accounting and Business apprenticeships.

To register interest in their 2024 Opportunities: [Click here](#)

## Financial Services



### PwC 2024 School Leaver Apprenticeships – Now Open Reading, Surrey

[Tax School Leaver Apprenticeship](#)

[Tax R&E Apprenticeship](#) (Reward and Employment Tax Team)

## Childcare & Education



[Click here to keep up to date and look out for opportunities on their website and](#)

[Subscribe for Updates](#)

## Healthcare



### Specsavers don't just sell glasses!

**Optometrists** care for the health of their patients' eyes, giving advice and prescribing glasses or contact lenses where they're needed. Part of a team of frontline health care experts, you'll need to keep up with the latest technological and clinical advances and you'll be able to specialise further in areas that really interest you. So optometry is about much more than prescribing glasses and contact lenses – you're an expert who can make a real difference to the quality of life of people in the communities you work in.

[Click here to explore careers offered](#)

Open your eyes to a career in Optometry and start seeing things differently!

If you are in Year 11/12/13 or Senior 5/6 discover a career which will use your STEM skills to the full. Optometry offers:

- a career as a respected healthcare professional
- great pay and benefits
- opportunities to make a difference in the local community
- working with cutting edge technology
- the chance to change people's lives every day

**Specsavers can offer a bursary to support students along their journey into Optometry.**

As part of the Bursary, SpecSavers can offer their Bright Futures stars:

- a part time job in their local Specsavers store
- a Welcome Box with a £100 voucher to help with studies
- opportunities to shadow colleagues and clinicians with specialist mentoring and support
- £1000 towards optical equipment whilst studying Optometry
- a £1000 gift upon graduating

SpecSavers offer apprenticeships in the following areas:

[Customer service](#)

[Hearing Aid Dispenser](#)

[Optical Assistant](#)

[Spectacle Maker](#)

[Click here to search for apprenticeship opportunities](#)



Parents/Carers

# Apprenticeships Snapshot



Young people

National Apprenticeship Week take  
5-11 February 2024

“intouch”

## National Defence



### Apprenticeships now open for 2024 In-take

AWE plays a crucial role in national defence. They have been at the forefront of the UK nuclear deterrence programme for more than 60 years. Supporting the UK's Continuous At Sea Deterrence programme and national nuclear security are at the heart of [what they do](#).

They have a variety of apprenticeships from Intermediate through to Degree which cover all areas of their business, from electrical maintenance and business administration to radiation protection and finance.

An apprenticeship with AWE will give you on-the-job training and hands-on experience of working in a business. We'll also support you to gain a professional qualification through approved, apprenticeship-standard structured college learning. In addition, you'll take on of stretching challenges, working on projects that you won't find anywhere else.

Whatever your skills or passion, you'll discover that one of the big benefits of an AWE apprenticeship is direction. Throughout the programme, you'll receive regular feedback and coaching, while experts in your chosen field will be on hand to advise, support and help you to realise your potential. They'll work with you to map out your path (or paths) at AWE, so you can start looking ahead. From there, an AWE career is whatever you make it.

[Applications now open click here for information and to apply](#)

## Science, Engineering



### Register interest for GSK 2024 Apprenticeships

GSK offer apprenticeships in:

- Engineering
- Manufacturing
- Data Analytics
- Laboratory Science
- Pharmaceutical Science
- Supply Chain
- Data Science

Find out about their apprentices: [Click here](#)  
Register your Interest for 2022 [Click Here](#)

## Administration and Technical Cyber Security Apprenticeships



**SECURITYSERVICE  
MI5**

**REGISTER YOUR INTEREST FOR ALERTS FOR  
APPRENTICESHIP OPENING OF:**

**Administration Officer – GCSE Entry**

**Cyber & Technical Apprenticeships – A Level Entry**

Find out more about working for the MI5 on their school leaver programmes and their vital and unique work by [clicking here](#)  
[Register interest](#)

## Media



### BBC Apprenticeships Opening Soon

If you are looking to kick-start your career or make a career in the media world BBC offer HR, marketing, business, journalism and production, advanced/higher level apprenticeships.

[Click here for information, click on the apprenticeship of interest and register for alerts.](#)

## Construction



### Apprenticeships September 2024

Mace offer wide range of opportunities in construction for school leavers including Surveying, Health, Safety and Wellbeing, Project Management  
[Click here for current vacancies for 2024 start](#)

## Hair & Beauty



### Hairdressing Apprenticeships available in Surrey [www.its-ltd.net](http://www.its-ltd.net)

ITS is an independent learning provider that specialises in hairdressing and work with high calibre salons in Hampshire, Berkshire and Surrey.

Contact to find out about apprenticeships and salons they provide training to:

Telephone: 0044 (0) 2392 591666

Email: [info@its-ltd.net](mailto:info@its-ltd.net)

Facebook: <https://www.facebook.com/its.a.hair.thing>



# Apprenticeships



National Apprenticeship Week take  
5-11 February 2024

“intouch”

## Construction

## Work Experience/Part-time Xmas Work

# ATKINS

Member of the SNC-Lavalin Group

## Short Term Flexible Holiday Job Opportunities during the Festive Period – earn a little extra and gain work experience!

## Atkins Apprenticeships Launching in November 2023 for 2024 start

Based in one of Atkins South East offices, which you'll have the option to select in their application form, they offer a range of apprenticeship opportunities at various levels. Apprenticeships for 2024 will open on the first week of November.

Christmas jobs for students – the festive period is a busy time especially catering, retail and logistics. Nearer the time try e4s latest Christmas jobs available, use the filters to find something near you:

Join their [Talent Community](#) to stay connected with the latest news and early careers information and be notified when applications are open.

Join the Royal Mail, Harrods, M&S, John Lewis group as a Christmas temporary worker

**Royal Mail Group – [Christmas Casuals](#)**

**Harrods – [Christmas Temp Jobs](#)**

**M&S - [Christmas and Seasonal Jobs](#)**

**John Lewis - [Christmas Jobs](#)**

Apprenticeships range from;

**e4s Student Jobsite – [Christmas jobs](#)**

### Engineering Design (Epsom)

Academic Requirements - You'll typically need 5 GCSEs including a B/6 in Mathematics & C/5 in English

### Project Management & Business Consultancy (London or Croydon)

Academic Requirements - 5 GCSEs including a C/5 in Mathematics & English Language and 120 UCAS points

### Civil Engineering (Epsom, Croydon or Chelmsford)

Academic Requirements - 5 GCSEs including a B/6 in Mathematics & C/5 in English Language and Literature + 112 UCAS points or equivalent, to include Mathematics.

### Environmental Assessment & Management (London/Epsom/Croydon)

Academic Requirements – 5 GCSEs A\*- C including Maths and English Language and Literature.  
96 UCAS points to include A-C in A-level Science or Geography or equivalent.

## Search for apprenticeships: You can register on the websites and set up multi alerts for new opportunities to be emailed

<https://www.gov.uk/apply-apprenticeship> - Search for apprenticeships

<https://www.notgoingtouni.co.uk/> Not going to Uni website with advertised apprenticeships

<https://www.indeed.co.uk/Apprenticeships-jobs> Indeed website

<https://www.getmyfirstjob.co.uk/> Apprenticeship search

<https://www.ratemyapprenticeship.co.uk/apprenticeships> Rate my Apprenticeship with latest apprenticeship opportunities

<https://www.e4s.co.uk/> Student job search site

<https://evolveuk.org/speculative-job-application/> Construction apprenticeships

<https://barclayslifeskills.com/> Barclay Lifeskills – interview techniques, tips for interviews/CV

## UCAS Apprenticeship Search for Sept 2024

UCAS now advertise apprenticeships and you can filter to area and keyword. Click the following link to explore the various apprenticeships within the Surrey and local boarders :

<https://careerfinder.ucas.com/jobs/apprenticeship/>



**Find a job/Apprenticeship:** If you're looking for an opportunity, you can get started on your job search on LinkedIn. You can use LinkedIn to research companies and reach out to the hiring community. You can also apply directly for roles, save job searches, and notify your connections and recruiters that you're open for job opportunities.



# Work Experience & Volunteering does it make a difference?



“intouch”

Any work experience demonstrates **Soft Skills:**

- Work ethic
- Communication
- Time Management
- Teamwork
- Creativity
- Adaptability
- Problem-solving
- Motivation
- Interpersonal skills
- Active listening
- Flexibility
- Organisation
- Dependability

[Click here for more insight](#)



Adds a variety of skills to your future applications

Gives you an insight to roles and careers, what you enjoy or not!

Shows your interest if career specific and makes you stand out

Builds confidence to try new things and meet new people

Shows you are pro-active, flexible and willing

Can provide contacts for the future and job opportunities

## There are various ways to gain experience:

- Speaking and shadowing relatives & family friends,
- Volunteering for community projects and events,
- Contacting businesses you are interested in direct to enquire.
- Attend Careers and Apprenticeship Fairs

The following are some ideas and companies who offer work experience and volunteering opportunities in various sectors. Other ideas could be your local library where you can volunteer as a Digital Buddy where you help customers with any basic IT tasks. Support young children with reading time & stock volunteers if you are interested in books and media. Visit [Surrey County Council Volunteering](#) for opportunities in the community. You can search for opportunities with Student Ladder and volunteering ideas visiting: [www.vinspired.com](http://www.vinspired.com) & [www.do-it.org](http://www.do-it.org)

## Science

NPL (National Physics Laboratory (Teddington) offers work experience which opens around December for the following year academy:  
<https://www.npl.co.uk/careers/work-experience>

Astrophysics: opportunities  
<https://www.ucl.ac.uk/physics-astronomy/outreach/physics-work-experience> Work experience with UCL

RBS – work experience ideas:  
<https://www.rsb.org.uk/careers-and-cpd/careers/work-experience>

Work experience ideas: <https://edu.rsc.org/future-in-chemistry/career-options/work-experience>

## Business/IT & Technology, Engineering

You can google a business company name that interests you and 'early careers' or 'work experience' to find out what opportunities they offer and apply. Also do try contacting them direct. Some examples for **Business and IT:**  
<https://www.gsk.com/en-gb/careers/apprentices-students-and-graduates/work-experience-placements-and-internships/> GSK opportunities

Also; Cisco, IBM, Siemens, BAE Systems, Enterprise Holdings, McLaren etc.

Explore [www.studentladder.co.uk/work-experience](http://www.studentladder.co.uk/work-experience) for opportunities in various sectors.

### Engineering:

**SIEMENS**

<https://new.siemens.com/uk/en/company/education/work-experience.html>

**BAE SYSTEMS**

[Gaining experience opportunities](#) | [Careers in the UK](#) | [BAE Systems](#)

## Law



<https://www.thelawyerportal.com/free-guides/law-work-experience/>

Other work experience ideas could include getting involved with Student Unions, Student debating Societies, being a College Ambassador and Student Parliaments. Volunteering in the community and getting involved with community/local issues.

## Various Virtual Work Experience



<https://www.springpod.com/virtual-work-experience>



# Work Experience & Volunteering does it make a difference?



## Creative Industries/Media/Film&TV



In terms of breaking into TV/ Film/ Media, this is an extremely competitive sector, it is advisable to get as much work experience as possible, either within the industry or proactive writing and TV/Film production experience. Web-editing skills along with a social media presence is useful and setting up your own blog is a good way to start developing a portfolio. The BBC have a 'Writers Room' page for writers with opportunities and enter scripts and also free online courses

<https://www.bbc.co.uk/writersroom/opportunities> .

New Creatives is a new talent development scheme that offers commissioning opportunities for emerging artists to create new artistic works in film, or audio or interactive media, designed for BBC platforms.

<https://www.screensouth.org/> - New Creatives

With journalism, writing into the papers, getting letters published, articles for magazines. Local free newspapers and maybe being involved in the community events, drama groups and volunteering.

Because of the nature of the media industry they use social media platforms and you can look to joining their facebook or twitter accounts, although be certain they are the careers orientated sites, for example <https://twitter.com/bbccareers> is the BBC careers Twitter account and if you go on to the page, you will find links to the other corporate media companies career pages. Signing up for these will alert you to any opportunities and events and openings. You can hook up with other major companies for instance ITV, Channel 4, Sky who offer work experience opportunities annually.

[University Placements, Work Experience & Volunteering | ATG Careers](#) ATG Careers work experience opportunities in Theatres

<https://www.nationaltheatre.org.uk/about-the-national-theatre/careers/work-placements> The National Theatre Work Placements

[Opportunities – Amplifi](#) Work experience and insight opportunities in the media/creative industries

<https://careers.channel4.com/4talent/work-experience> Channel 4

## Animal Management



If you wish to work in the Animal Care sector then experience is essential and any handling of different species desirable. You can explore work experience with Veterinary practices, Catteries and Kennels, Stables, pet shops etc.. There are also a variety of voluntary opportunities. Places you can explore are:

[Work With Pets 1st Vets | Vets in Surrey - Pets 1st](#)

[Apprenticeship and Work Experience Opportunities | ZSL](#)

[Work Experience at London Zoo | London Zoo](#)  
[www.wwf.org.uk/get-involved](http://www.wwf.org.uk/get-involved)

[General Work Experience with Animals \(careerwithanimals.co.uk\)](#)

## Medicine, Health & Social Care



- <https://www.stepintothens.nhs.uk/work-experience> - NHS Work Experience
- [Work experience : Surrey and Borders Partnership NHS Foundation Trust \(sabb.nhs.uk\)](#) Surrey and Borders Students and Volunteers
- <https://www.redcross.org.uk/get-involved/volunteer> Red Cross
- [Volunteer Opportunities - First Aid Charity | St John Ambulance \(sja.org.uk\)](#) St John's Ambulance
- You can volunteer in the Care homes by contacting them directly where you can be a companion, it will make a difference to their day too!

## Financial Services



There are a lot of opportunities within the Finance Services sectors. You can find out about work experience by googling the company and 'early careers', or 'work experience. For a small example you can explore the major companies:

<https://www2.deloitte.com/uk/en/pages/careers/articles/early-careers-work-experience.html>

HSBC <https://www.hsbc.com/careers/students-and-graduates/student-opportunities/uk-work-experience-programme>

Menzies <https://www.menzies.co.uk/careers/>

KPMG : [Work Experience \(kpmgcareers.co.uk\)/](#)

<https://investment2020.org.uk/> - Investment Management Careers

## Construction



Willmott Dixon offer unique work experience placements that give you the chance to work alongside highly qualified and experienced professionals.

Find out more about their apprenticeships and early careers work experience opportunities [Work experience | Willmott Dixon](#)

Explore Go Construct for other ideas and opportunities:  
<https://www.goconstruct.org/routes-into-construction/experience-construction/work-experience/>

## Property Sector



Galliard Homes offer work experience in every aspect of property including construction:  
<https://www.galliardhomes.com/careers/work-experience>

Geraldeve, London West End, City, for 17+ yrs offer paid work experience programme:

<https://www.geraldeve.com/join-us/work-experience/>

For other work experience in property you can enquire directly to a local Estate Agents.



<https://www.studentladder.co.uk/work-experience/>

# Labour Market Information Forecast



Parents/Carers



Young people



## Labour Market Overview August 2023 at a Glance

### Payrolled employees

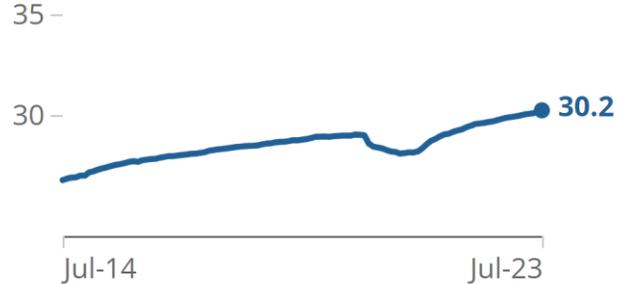
The number of payrolled employees

Monthly change: ▲ 97,000  
Since Feb 2020: ▲ 1,211,000

The number of payrolled employees is now well above pre-pandemic levels.

Source: PAYE RTI from HMRC

millions



### Unemployment rate

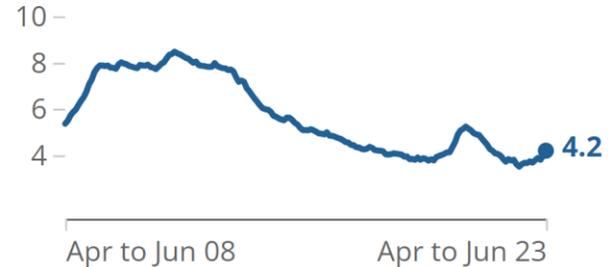
Unemployment rate (all aged 16+)

Quarterly change: ▲ 0.3pps  
Since Dec-Feb 2020: ▲ 0.2pps

The unemployment rate is up on the quarter and on the year, and above pre-pandemic levels.

Source: LFS from ONS

%



### Employment rate

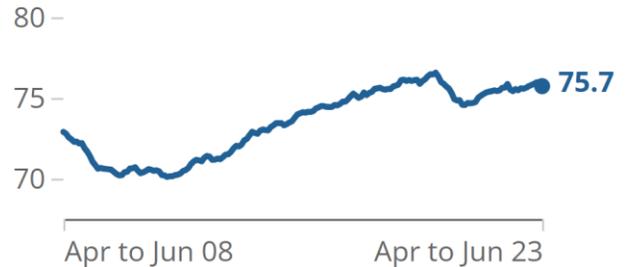
Employment rate (all aged 16 to 64)

Quarterly change: ▼ -0.1pps  
Since Dec-Feb 2020: ▼ -0.8pps

The employment rate is down on the quarter but up on the year, and is still below pre-pandemic rates.

Source: LFS from ONS

%



### Job vacancies

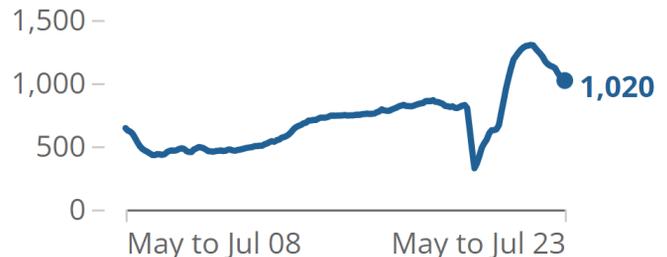
Number of job vacancies

Quarterly change: ▼ -66,000  
Since Jan-Mar 2020: ▲ 219,000

Vacancies decreased on the quarter but are above pre-pandemic levels.

Source: Vacancy Survey from ONS

thousands



## CIPD Labour Market Outlook - Summer 2023 - Views from Employers

Figure 7: Employers with hard-to-fill vacancies, by industry (%)

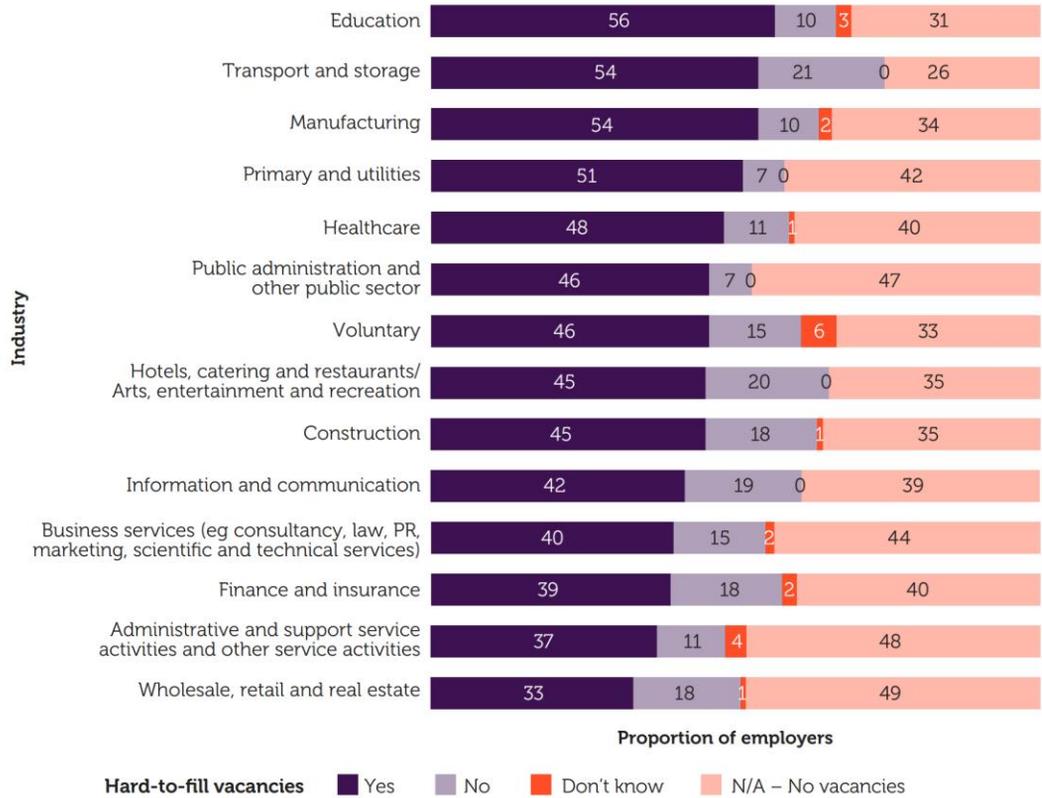
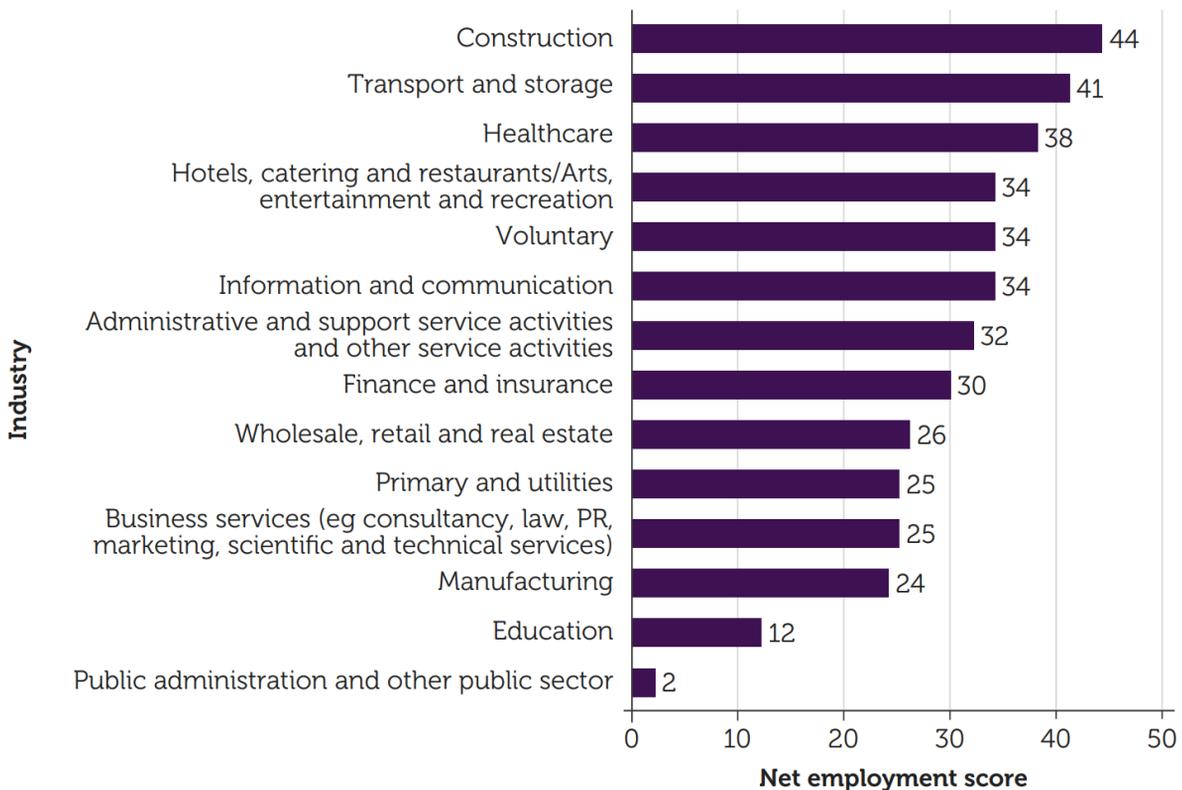
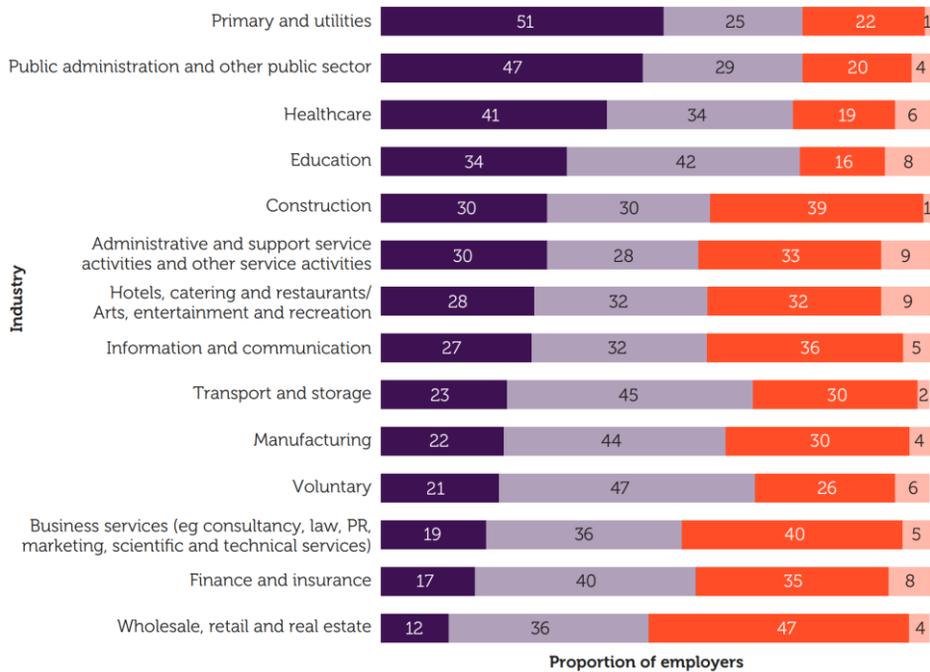


Figure 3: Net employment balance, by industry



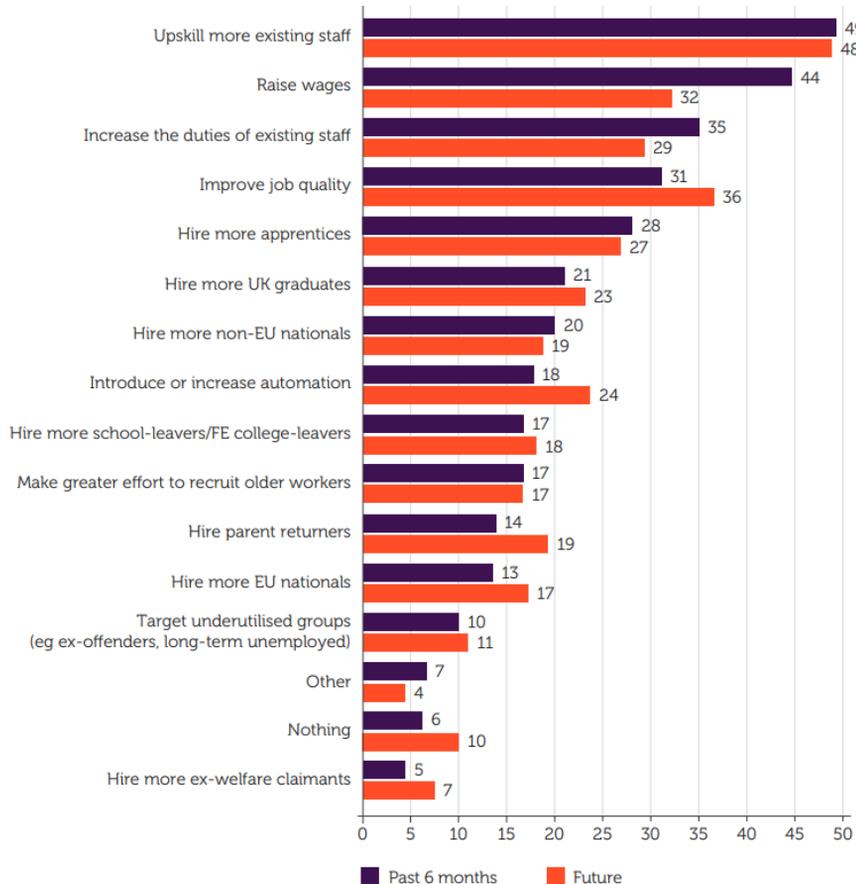


### Expectation for Vacancies in the next six months by industry



**Expectations for vacancies** ■ Yes, we anticipate significant problems ■ Yes, we anticipate minor problems ■ No, we do not anticipate any problems ■ Don't know

### Employers' Planned Response to hard-to-fill Vacancies (%)



Base: summer 2023, all employers with hard-to-fill vacancies (n=817).

(ref: <https://www.cipd.org/globalassets/media/knowledge/knowledge-hub/reports/2023-pdfs/2023-labour-market-outlook-summer-2023-8449.pdf>)



## The Fourth Industrial Revolution

Published by: [www.nationalcareersweek.com](http://www.nationalcareersweek.com)



The world is currently going through a Fourth Industrial Revolution, which is the ongoing automation of traditional manufacturing and industrial practices, using modern smart technology.

Types of modern smart technology include artificial intelligence, autonomous vehicles, biotechnology, the Internet of Things (IoT), nanotechnology, quantum computing, robotics, 5G wireless technology and 3D printing. This technology is merging more with humans and their lives, and therefore the distinction between the natural and artificial worlds is becoming less clear. The speed of change and innovation is also happening faster than ever before.

### The Fourth Industrial Revolution builds on the other three industrial revolutions:

- First Industrial Revolution (around mid-18th century to the mid-19th century) which brought mechanical innovations, such as the steam engine, cotton spinning and railroads.
- Second Industrial Revolution (around the late-19th century to early-20th century) which brought mass production through assembly lines and electrification.
- Third Industrial Revolution (around the second half of the 20th century) which brought mainframe computers, personal computing and the internet.

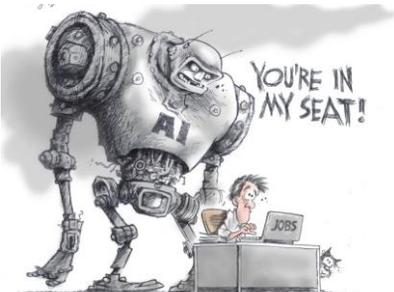
### Automation

The Fourth Industrial Revolution will lead to more automation, which is the use of machines or computers to do tasks once performed by humans.

Below summarises some key points on how automation is expected to affect the future of work according to Daniel Susskind during his TED Talk –

#### 3 myths about the future of work (and why they are not true):

- Where machines displace (or substitute for) workers, automation is viewed as harmful to jobs. However, it should be highlighted that this displacement tends to be in particular tasks rather than whole jobs.
- As well as substituting for workers, machines also complement workers with certain tasks. This benefits workers and makes their work more valuable.
- Sometimes machines complement workers more directly, which makes them more productive. For example, a taxi driver can use a sat nav to navigate unfamiliar roads, and an architect can use computer-assisted design (CAD) software to design better buildings.



### Future Changes:

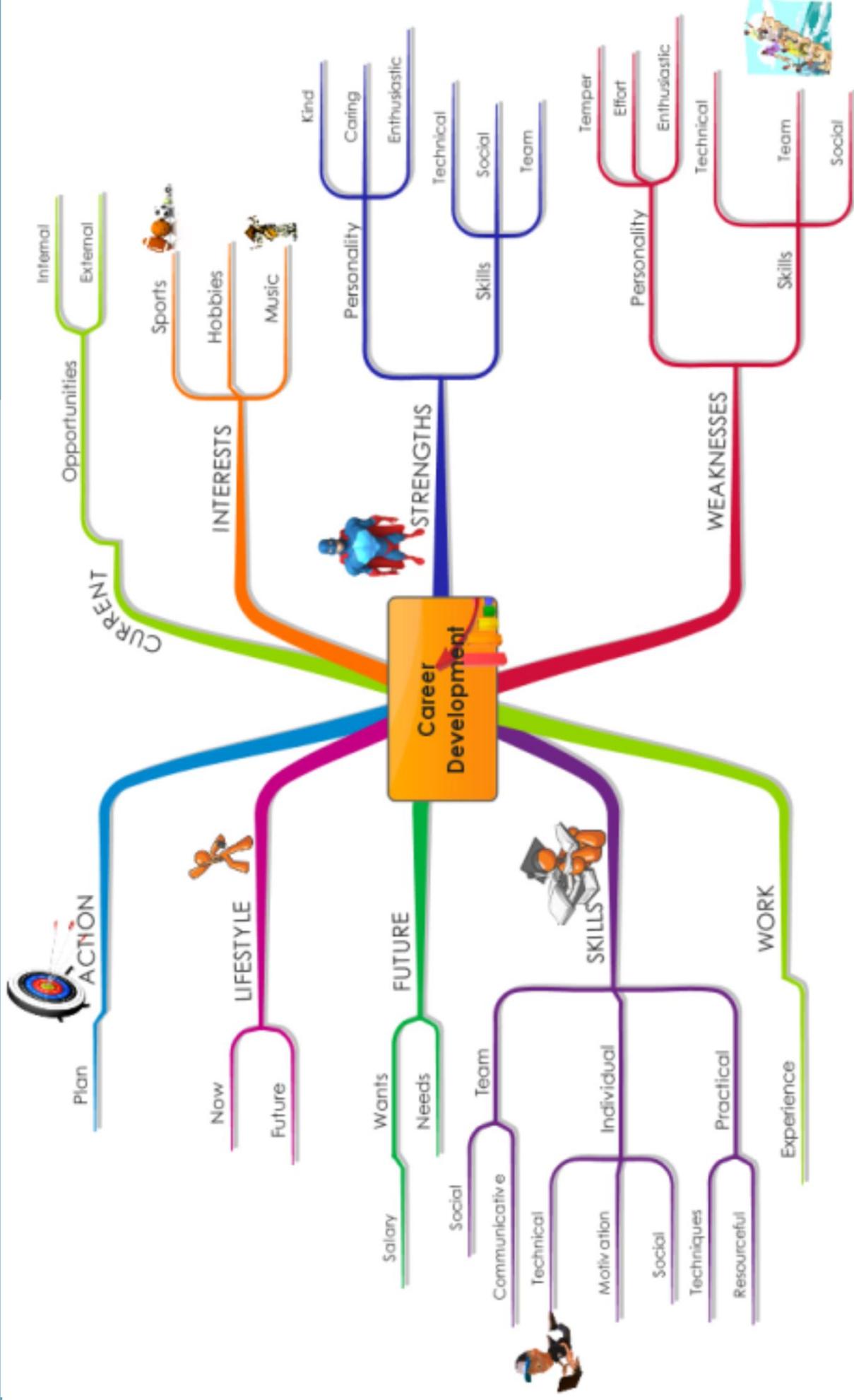
As well as changes due to the Fourth Industrial Revolution and automation, there is also expected to be the below future changes:

- More of a gig economy, such as freelance work and self-employment, where there are less security, more flexibility and no jobs for life.
- More project-based teams rather than traditional organisational structures. This will also mean that leadership will be less formal and be more through influence and persuasion.
- A more decentralised workforce where workers can work online and therefore live and work anywhere.
- Ageing populations as health improvements mean that people live longer. This will lead to more opportunities for workers in the care industry.
- Continued challenges from climate change. This will also present opportunities in green industries

### Skills and traits which will be important in the future include:



- **Emotional intelligence** required to effectively collaborate with and lead others.
- **Cultural and global awareness** as it is likely that people will increasingly be working with people from around the world due to increased globalisation and technological progress. Speaking other languages will also help with this.
- **Resilience and adaptability** in a world where change is the only certainty. For example, the ability to cope with change by developing new skills for a new job or task, which will help to ensure that the worker can more smoothly transition from one job or task to another.
- The individual taking **responsibility** for their own learning so that they can develop the necessary skills. This will require a process of life-long learning, so in this respect school never ends. One of the reasons this is important is because people will have longer working lives, and different jobs rather than a job for life.
- **Networking**. One of the benefits of this is that connections can help the individual with change and transitions.
- **Computer or "tech-savvy"** skills, such as coding. These will become even more important as machines become increasingly capable.
- **Data literacy** to use and understand the "big data" which machines produce.
- Other skills: **communication, creativity & innovation, critical thinking, entrepreneurship, growth mindset, problem-solving, self-awareness and teamwork.**



# About Innervate Careers

## Service



Schools



Teachers



Young people



Career advisers



Parents/Carers



## Our Approach

Our approach is to provide multiple career guidance interactions offering schools a variety of methods to access personal guidance. By accessing our assemblies, presentations, workshops, and career lessons, young people are better prepared for their one to one personal guidance meeting with our qualified career advisers.

Our careers and personal guidance services can help schools and career advisers make the most effective and efficient use out of the resources, time and personnel available.

We have designed and developed our career lessons from the CDI Framework learning outcomes, with a range of career and personal development activities to encourage self-awareness, decision making skills, opportunities awareness and transition management skills.

The approach we provide enables this to happen at each key stage for each year cohort. It supports schools in addressing the needs of students with an effective way of planning caseloads and preparing students for personal guidance interviews.

### Key stage 3:

- One to one personal guidance interviews and/or interactions for prioritised students choosing their GCSE Options
- Group career and personal guidance interactions prioritised students choosing their GCSE Options
- An annual career lesson for all students in year 7, 8 & 9 delivered by a qualified personal guidance adviser
- Guidance services at parents evenings, options evenings, career events
- CEIAG activities including group work, assemblies, and career days e.g. workshops on Apprenticeships, Employability, University

### Key stage 4:

- One to one personal guidance interviews and/or interactions for year 10 and 11 students
- Group career and personal guidance interactions for year 10 and 11 students
- Presentations/ group work for all key stage 4 students to build awareness and understanding of all post 16 options including education and technical training, with follow up interventions to monitor intended destinations and guidance needs
- Guidance services at parents evenings, options evenings, career events
- CEIAG activities including group work, assemblies, career days e.g. workshops on Apprenticeships, Employability, University
- Labour Market Information and Career Pathways lessons and activities

## Key stage 5:

- One to one personal guidance interviews and/or small group discussions for sixth form students
- Providing focus and clarity to any contemplating their current programme/ considering leaving 6th form
- Supporting students with generating initial ideas around their next steps, plan of action regarding university and/ or work in light of long term career goals
- Dilemmas regarding university courses and subjects, university or work, long term career planning
- Support for those considering work or higher/ degree apprenticeship schemes, CV preparation, job/ opportunity searching, interview and assessment centre day technique
- Any last minute concerns, change of plan
- August Exam Results Period – Triage/ emergency one to one support
- Career Lessons/ Sessions as part of a Careers Programme:
- Employability Skills – the content of winning CVs, application forms and personal statements
- Interview & Assessment Centre Preparation – details and mock activities to provide insight and readiness
- Introduction to UCAS/ Personal Statement workshops/ UCAS application clinics
- Higher & Degree Apprenticeships
- Attendance at Year 12 & 13 Parents Evenings and Parent Information
- Apprenticeships, UCAS and the Importance of Work Experience
- Labour Market Information and Career Pathways lessons and activities

## Targeted support for high needs students:

- Schools can choose specific targeted support for disadvantaged and/ or high needs and/ or those at risk of exclusion/ NEET
- Group career guidance interventions once a term for prioritised students from year 7 to year 10
- A developed range of extension activities around the key stage 3 and 4 programme and increased the frequency of interactions with a career adviser for these students from once a year, to once a term.
- Students are seen in small groups of up to five to provide a sense of focus and give each student more opportunity to participate, be heard and interact with the career adviser and each other.
- Each term we build on the work of previous sessions providing careers education activities with reflective guidance time that enables a deeper impact in terms of building aspiration and achievement over time.

## Bespoke:

We can provide bespoke personal guidance activities to fit schools and cohort needs.